

3 GOOD HEALTH AND WELL-BEING



SUSTAINABLE DEVELOPMENT GOAL (SDG) 3

GOOD HEALTH AND WELL-BEING



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SDG 3: GOOD HEALTH AND WELL-BEING

REPORT 2024

1. Proportion of graduates in health professions

- Number of graduates: 1645
- Number of graduates in health professions: 160
- Proportion: $160 / 1645 = 9.72$

2. Collaborations with local, national, or global health institutions to improve health and well-being outcomes.

Anurag University maintains strong and purposeful collaborations with a range of reputed hospitals, pharmaceutical companies, biotechnology firms, and research organizations dedicated to advancing health and well-being. These partnerships play a vital role in enriching academic learning, strengthening research capabilities, and promoting industry-academic engagement.

Aurobindo Pharma Limited, Hetero Labs, Glukem Pharmaceuticals, DelExcel Pharma, Avenida Innovations, Remedium Laboratories, YMC India, and Chemveda Life Sciences represent some of the University's key pharmaceutical and biotechnology collaborators. Through these linkages, students and researchers gain exposure to cutting-edge technologies, drug development processes, quality testing, and regulatory practices. Joint initiatives such as internships, industrial training, collaborative research projects, and expert lectures help bridge the gap between classroom learning and real-time industry needs, thereby enhancing the practical competencies and employability of students.

The University also partners with leading healthcare institutions, including Yashoda Hospitals and Gandhi Hospital, which provide substantial clinical exposure, hands-on training, and opportunities for community health outreach. These collaborations facilitate clinical research, case-based learning, health camps, and public health awareness programs, enabling students—particularly those in health

sciences, pharmacy, and biotechnology—to gain invaluable real-world experience.

Additionally, the association with Vaishnavi Biotech Limited supports innovation in biotechnology, encouraging students to explore areas such as molecular diagnostics, bio-product development, and advanced laboratory techniques. Such partnerships foster a culture of research, innovation, and entrepreneurship within the campus.

Overall, the University's extensive network of collaborations significantly contributes to its mission of promoting high-quality education, applied research, and societal well-being. By working closely with industry and healthcare leaders, the University ensures that its students are well-equipped with contemporary skills, while its research outcomes continue to address emerging health challenges and community needs. These partnerships exemplify the University's commitment to advancing health-focused knowledge and innovation.

Anurag University had valid collaborations with the following health institutions in 2024:

1. Hetero Labs, Hyderabad
2. Avenida Innovations, Hyderabad
3. DelExcel Pharma Private Limited, Medak
4. Remedium Laboratories Private Limited, Hyderabad
5. YMC India Private Limited, Hyderabad
6. Chemveda Life Sciences, Hyderabad
7. Glukem Pharmaceuticals Private Limited, Hyderabad
8. Yashoda Hospitals, Hyderabad
9. Aurobindo Pharma Limited, Hyderabad
10. Gandhi Hospital, Hyderabad
11. Vaishnavi Biotech Limited, Hyderabad

3. Health outreach programmes

The University regularly organises a diverse range of health, wellness, and awareness programs aimed at empowering

students, faculty, and the wider community. These initiatives reflect the institution's commitment to promoting holistic well-being, fostering responsible citizenship, and strengthening community engagement.

A series of **Anti-Drug initiatives**, including the Anti-Drug Summit, International Day Against Drug Abuse and Illicit Trafficking, and Anti-Drug Awareness Programs, are conducted annually to educate youth about the dangers of drug addiction. These programs feature expert talks, interactive sessions, counselling guidance, and student-led campaigns that highlight the physical, psychological, and social consequences of substance abuse. The University also collaborates with government agencies and NGOs to reinforce the message of a drug-free campus and community.

Health awareness is another major focus area. The **Organ Donation Awareness Program** sensitises participants about the importance of organ donation, debunking myths and encouraging voluntary pledges to save lives. Through the **Tobacco-Free Youth Campaign**, students and faculty are educated on the harmful effects of tobacco consumption and motivated to adopt healthier lifestyles. The **Anti-Ragging Awareness Program** further strengthens campus safety by fostering respect, discipline, and inclusivity among students.

The University regularly hosts health-focused camps to ensure early detection and timely intervention. The **Blood Group Detection Camp and Blood Donation Camp** witness enthusiastic participation from students and faculty, supporting hospitals and blood banks with critical supplies. The **Health Screening Camp** offers free medical check-ups, including vital parameters, screening for common illnesses, and doctor consultations, benefiting both the campus community and local residents.

Recognising the importance of preventive health, the University celebrates **World AIDS Day** with awareness lectures, poster presentations, and community outreach activities aimed at reducing stigma and promoting safer practices. Hands-on Training in **Nutritional Assessment** is conducted for students to equip them with practical skills in dietary evaluation,

anthropometric measurements, and nutritional counselling. These sessions help foster scientific understanding and encourage healthy eating habits.

Additionally, the University promotes physical and mental well-being through its **Yoga Program**, which introduces students and staff to yoga techniques, breathing exercises, and meditation practices to reduce stress and improve concentration.

4. Shared sports facilities:

As part of its Social Responsibility Initiative, since 2021, Anurag University has extended its sports facilities to neighbourhood schools and the local community free of cost, reinforcing its commitment to community engagement, youth development, and inclusive growth. This initiative aims to promote physical fitness, nurture sporting talent, and create opportunities for young learners who may not have access to advanced sports infrastructure.

Schools in the surrounding areas are invited to use the University's well-equipped sports amenities for practice sessions, training activities, and inter-school competitions. To ensure smooth coordination, institutions are required to submit an application in advance, outlining the proposed dates, preferred time slots, and details of the planned activities. All requests will be reviewed by the Director of Sports, Anurag University, and approvals will be granted based on the availability of facilities, the nature of the event, and adherence to University guidelines.

Schools and community groups are expected to follow the prescribed rules regarding time of usage, maintaining cleanliness, avoiding damage to property, and ensuring that the facilities are not used for any commercial purpose.

5. Sexual and reproductive health care services for students

The University is committed to promoting health, dignity, and well-being for all members of its ecosystem, including students, staff, and the surrounding community. As part of this commitment, the University

offers access to sexual and reproductive health care services through its healthcare institutions under the School of Medical Sciences, named as Neelima Institute of Medical Sciences (NIMS), under which Neelima Hospitals function. These services focus on maternal health, reproductive counselling, prenatal and postnatal care, and general women's wellness.

In the Indian context, where many women tend to marry after completing their higher education, the utilisation of reproductive and maternity services is significantly higher among staff members and women from the neighbouring communities rather than students. Nonetheless, the University ensures that all individuals—irrespective of age, background, or role—are provided with confidential, respectful, and accessible care whenever needed.

One of the notable initiatives accessible to the University community is NEELIMA 9, an exclusive maternity care program offered by Neelima Hospital. This initiative is designed to make quality maternal health services affordable, safe, and stress-free for expecting mothers. On the 9th day of every month, pregnant women who register at the hospital between 8:00 AM and 1:00 PM can benefit from several special provisions. These include free normal delivery, while cesarean delivery is offered at a subsidised rate of ₹10,000, covering pharmacy and procedural costs. In case of emergencies, an additional charge of ₹5,000 is applicable.

Furthermore, NEELIMA 9 provides a 50% discount on investigations, pharmacy services, and radiology for OPD consultations, significantly reducing the financial burden on expectant mothers.

Through partnerships like NEELIMA 9, the University continues to extend meaningful support to women, ensuring accessible reproductive healthcare and reinforcing its dedication to community welfare, maternal safety, and holistic well-being.

[\(https://neelimamed.com/neelima-9/\)](https://neelimamed.com/neelima-9/)

6. Mental health support for students: Mentorship, Yoga, Mental Health Awareness, Anti-drug, Anti-ragging

The university provides a wide range of programs to support the overall well-being of students. These activities help students stay mentally healthy, emotionally balanced, and socially responsible. Together, the following initiatives create a strong support system for mental health on campus.

1. Faculty–Student Mentorship Program

Each student is assigned a faculty mentor who regularly guides them throughout their academic journey. Mentors monitor academic progress, behaviour, participation, attitude, and any personal challenges students may face. They hold regular meetings, provide counselling when needed, and maintain a detailed log of each student's growth. This close guidance ensures that students feel supported and can seek help whenever required.

2. Yoga Sessions

The university conducts regular yoga sessions to help students improve concentration, reduce stress, and stay physically and mentally fit. Yoga practices such as breathing exercises, meditation, and simple asanas help students stay relaxed and calm during their academic life. These sessions play an important role in improving mental well-being.

3. Anti-Drug and Anti-Ragging Programs

The university strongly promotes a safe and positive campus atmosphere. Awareness programs on anti-drug, anti-ragging, and responsible behaviour are regularly conducted. Police officers, legal experts, counsellors, and faculty participate in these sessions. These help prevent harmful behaviours and ensure that students feel protected and free from fear.

4. Induction Program for New Students

At the beginning of every academic year, a structured induction program is conducted. Students are introduced to university policies, campus facilities, academic expectations, and support systems.

Motivational speakers, police personnel, health experts, and senior faculty interact with students to inspire confidence and a positive mindset. This program helps students adapt smoothly to university life and reduces stress during the transition period.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Mental-Health-Support-for-Students-2024.pdf>

7. Smoke-free policy:

Anurag University is firmly committed to providing a healthy, clean, and safe environment for its students, faculty, staff, and visitors. In line with this commitment, the University has adopted a comprehensive Smoke-Free, Drug-Free, and Tobacco-Free Campus Policy, ensuring that all campus spaces remain free from substances that pose health risks or disrupt the academic atmosphere.

The policy applies to all individuals within the campus—students, employees, contractors, vendors, and visitors—and covers all University-owned, leased, or operated buildings, grounds, facilities, and vehicles. It strictly prohibits smoking in any form, including cigarettes, cigars, pipes, e-cigarettes, and vapes. The use of smokeless tobacco products such as gutka, khaini, and other related substances is equally banned. The policy also extends to the possession or consumption of illegal drugs, ensuring a substance-free academic environment.

Smoking, tobacco use, and substance consumption are forbidden in all areas, including classrooms, laboratories, hostels, auditoriums, parking zones, and open spaces. The sale, distribution, or promotion of tobacco or drug-related products within or near the campus is also strictly prohibited. Violations are taken seriously: first-time offenders may be offered counselling, while repeated violations may lead to penalties, suspension, expulsion, or disciplinary action depending on the individual's role.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Smoke-Free-Drug-Free-and-Tobacco-Free-Campus-Policy.pdf>

8. Mental health support for staff: Yoga, Mental Health Awareness, Women's Day Celebrations, Men's Day Celebrations

The university provides a wide range of programs to support the overall well-being of staff. These activities help students stay mentally healthy, emotionally balanced, and socially responsible. Together, the following initiatives create a strong support system for mental health on campus.

1. Yoga Sessions

The university conducts regular yoga sessions to help staff improve concentration, reduce stress, and stay physically and mentally fit. Yoga practices such as breathing exercises, meditation, and simple asanas help staff stay relaxed and calm during their academic life. These sessions play an important role in improving mental well-being.

2. Anti-Drug and Anti-Tobacco Programs

The university strongly promotes a safe and positive campus atmosphere. Awareness programs on anti-drug, and responsible behaviour are regularly conducted. Police officers, legal experts, counsellors, and faculty participate in these sessions. These initiatives help prevent harmful behaviours and ensure that staff maintain their mental health.

3. Teachers' Day, Women's Day & Men's Day Celebrations

The university celebrates Women's Day, Men's Day, and Teachers' Day every year. As part of the Teachers' Day celebrations, awards are given to the "Best Teacher of the Year" to recognise exceptional faculty contributions, and non-teaching staff are also felicitated. These celebrations and recognitions help keep staff mentally motivated, appreciated, and emotionally supported, thereby contributing to a positive and healthy work environment.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Mental-Health-Support-for-Staff-2024.pdf>

Collaborations with Health Institutions

(Valid in 2024)

SDG 3 - Good Health and Well-being

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Aurobindo Pharma Limited, Hetero Labs, Glukem Pharmaceuticals, DelExcel Pharma, Avenida Innovations, Remedium Laboratories, YMC India, and Chemveda Life Sciences represent some of the University's key pharmaceutical and biotechnology collaborators. Through these linkages, students and researchers gain exposure to cutting-edge technologies, drug development processes, quality testing, and regulatory practices. Joint initiatives such as internships, industrial training, collaborative research projects, and expert lectures help bridge the gap between classroom learning and real-time industry needs, thereby enhancing the practical competencies and employability of students.

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Additionally, the association with Vaishnavi Biotech Limited supports innovation in biotechnology, encouraging students to explore areas such as molecular diagnostics, bio-product development, and advanced laboratory techniques. Such partnerships foster a culture of research, innovation, and entrepreneurship within the campus.

Overall, the University's extensive network of collaborations significantly contributes to its mission of promoting high-quality education, applied research, and societal well-being. By working closely with industry and healthcare leaders, the University ensures that its students are well-equipped with contemporary skills, while its research outcomes continue to address emerging health challenges and community needs. These partnerships exemplify the University's commitment to advancing health-focused knowledge and innovation.

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9. Aurobindo Pharma Limited, Hyderabad
10. Gandhi Hospital, Hyderabad
11. Vaishnavi Biotech Limited, Hyderabad



MEMORANDUM OF UNDERSTANDING (MOU)

This MoU is made on this 19th of July, 2024 at ANURAG UNIVERSITY BY and BETWEEN

HETERO LABS LIMITED
HYDERABAD

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**the Institute**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to carry out research and to execute other agreements as may be necessary for the 'Research Project, Skill Development, Training Programmes and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

1. OBJECTIVES OF THE MOU

The objective of this Memorandum of Understanding is:

- a) To promote Industry-Institution interaction between Anurag University and



Hetero in mutually beneficial areas.

- b) To provide a formal basis for initiating interaction between Anurag University and Hetero.

2. PROPOSED MODES OF COLLABORATION

Anurag University and Hetero propose to collaborate through

- a) Internships to UG and PG student projects i.e., B.Pharm, M.Pharm and other degree programs at Anurag University.
- b) Facilitating Anurag University students to use the infrastructure of Hetero Company for collaborative research and development in a prescribed manner.
- c) Basic and advance training programmes to fresh recruits of Hetero in terms of analytical and formulation development. Encouraging the employees of Hetero for doing Ph.D. degrees in Anurag University. The eligibility criteria for selection of the candidates will be under the sole discretion of Anurag University.
- d) Developing Certification programmes in various technical and advanced areas in association with Hetero by providing complete hands on as a part of Skill development programme.
- e) Training of Hetero personnel through Continuing Education Programmes and Skill Development conducted by Anurag University in areas of interest to Hetero.
- f) Any other appropriate mode of interaction agreed upon between Anurag University and Hetero. Each of the above modes of interaction will be initiated by entering into a separate agreement between the two parties

3. FORMS OF RESEARCH AND DEVELOPMENT PROGRAMS

The form of any of the said Research and Development Program (hereinafter referred to as "Research Program") will be subject to a separate Research Agreement entered into by the Parties but may also include the following:

- a) **In their own existing facilities** - The performance of research individually by each Party or concurrently by both Parties in mixed groups at their own facilities with regular



Parties - Authorised Signatory

For and on behalf of M/s **HETERO LABS LIMITED**

For and on behalf of **ANURAG UNIVERSITY**

Name: **VENKATA JAYAPAL REDDY SINGAREDDY**
ASSOCIAE VICE PRESIDENT - HR
Date: 19.07.2024

Name: **Dr. Vasudha Bakshi**
Dean, Pharmacy, Anurag University
Date: 19.07.2024

DEAN
SCHOOL OF PHARMACY
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal Dist.-500088, Telangana.



Hetero Labs Ltd.

7-2-A2, Industrial Estates, Sanath Nagar, Hyderabad-500018, Telangana, India.
T: +91 40 23704923 / 25, CIN: U24110TG1989PLC009723

www.hetero.com



(Established under the Act No. 13 of 2020 as per the Telangana State Private Universities Act, 2018. Sponsored by Gayatri Educational & Cultural Trust)

MEMORANDUM OF UNDERSTANDING

This MEMORANDUM OF UNDERSTANDING (hereinafter referred to as the "MOU") is made and entered into as of 26 / 11 /2022 by AVENIDA INNOVATIONS and between ANURAG UNIVERSITY.

"AVENIDA INNOVATIONS", SPS Vamsi Nivas, Plot no 4, KPHB colony Phase V, Hyderabad, Dr. Karthik Rakam (7569692853), Email: karthik@avenidapro.com henceforth referred to as the "Party A";

AND

"SCHOOL OF PHARMACY, ANURAG UNIVERSITY, Venkatapur, Ghatkesar Rd, Hyderabad, Telangana 500088" Dr.Vasudha Bakshi, (7702683048) Email: vasudhapharmacy@cvsr.ac.in henceforth referred to as the "Party B".

The parties shall individually have referred to as a "Party" and collectively as "Parties".

WHEREAS, in consideration of the mutual understandings contained therein and for other good and valuable consideration, the receipt and sufficiency of which hereby are acknowledged, it is mutually agreed between the Parties to this MOU, as follows:

BACKGROUND

Avenida Innovations is a global organization focused on establishing benchmarks of excellence in training and handling innovative projects for the pharmacy, healthcare and life sciences industries. With offices in the United States and India, Avenida offers excellent support to the individuals and companies who it serves. Avenida has highly experienced experts from health sector in its network and also a base of approximately 10000 pharma graduates, 100s of college and universities in direct contact as on date. There is always a need for quality, job ready pharmacy/ health care graduates and professionals for industry. There is a huge skill gap in pharmacy/healthcare graduates in the country which Avenida is working to fill.

All Parties hereby form themselves into this MOU for the benefits of each other in future and ultimately the wider population (hereinafter jointly referred to as the "Purpose") or for upcoming projects as both have a synergy in their space of work and engagements. The objective of this MOU is to bridge this skill gap through collaboration and partnership between both parties. Under this MOU all the parties shall complete tasks on agreed conditions of this MOU which shall be followed during the course of this MOU.

ENGAGEMENT & SCOPE

This MOU contemplates the proposed engagement of the Parties. All Parties accept such engagement and agree that they shall during the term of their engagement hereunder conscientiously provide their resources and perform the required services to full limit of their ability, and further agree that they shall promptly and faithfully comply with all requirements, directions, requests, rules, and regulations.

All Parties do hereby agree as under:

1. The party A agrees to collaborate and support in organizational development, pedagogy, patent, research, innovation, incubator, startup, mentoring, industry partnership, internship, starting new healthcare programs with party B.
2. The party A agrees to collaborate for conducting workshop/seminar/conference at least once in every year at the campus of party B.
3. The party A agrees to provide training to the Bachelor of Pharmacy/PharmD/M.pharm students of party B in the fields of:

Clinical Pharmacy

Clinical Research

Clinical Data Management

Data Analytics

Pharmacovigilance

Career Guidance for students planning Abroad

Medical Writing and Communication

IPR

Health Informatics

Digital Health Technologies

4. The party A agrees to provide career guidance to interested students of B.Pharmacy/Pharm.D/M.Pharmacy and other courses of party B
5. Both the parties agree to use each other promotional materials (logo, pamphlets, name & address, contact details, etc.) in any event organized by both the parties only for promotional activities.

All parties have full capacities for the responsibilities above and will execute as described. Except this all the parties will share responsibilities on mutually agreed basis and hence share expense, profit and any other credits depending on agreed terms and conditions as mutually agreed.

1. INDEMNIFICATIONS

All Parties shall indemnify and hold harmless each other, their affiliates and respective officers, directors, agents and employees from any and all claims, demands, losses, causes of action, damage, lawsuits, judgments, including attorneys' fees and costs, arising out of, or relating to, the services of Parties under this MOU.

2. LIABILITY

All partners, sponsors, volunteers are absorbed of any liability resulting from any and all services provided during the mutually agreed events.

3. NON-DISCLOSURE

All partners are working together in this endeavor. Neither Party will use, copy, adapt, alter or part with possession of any information of the others which is disclosed or otherwise comes into its possession under or in relation to this MOU and which is of a confidential nature.

4. FINANCIAL IMPLICATIONS: Once both the parties agree and decide the priority areas of implementation, financials will be mutually discussed and decided.

- 1) The parties to this MOU shall not be deemed to be in breach of this understanding or otherwise liable to any other party in any manner whatsoever for any failure or delay in performing or initiating the activities proposed in this MOU.
- 2) This MOU records the understanding between the parties and is not intended to be a legally binding document and shall not be enforceable in any Court of Law.
- 3) The parties to this MOU shall be permitted to use the other's name, crest, logo or branding after obtaining the other's prior consent to such use and fully complying with the user guidelines.

5. NOTICES & COMMUNICATION

Communication necessary for the performance of this MOU shall be made through the contact details provided in this MOU.

6. ADDENDUM

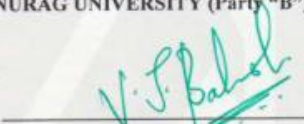
A party to this MOU may request an amendment to this MoU at any time, provided such amendment is with the prior written consent of the authorised representatives of all parties.

7. TERMINATION

Termination of this MOU by each Party prior to the execution and delivery of the definitive agreements shall be without liability and no Party hereto shall be entitled to any form of relief whatsoever, including without limitation, injunctive relief or damages.

SIGNATURES:

This MOU is executed on behalf of the parties by their respective duly authorized signatory as set out below:

For AVENIDA INNOVATIONS (Party "A")	For ANURAG UNIVERSITY (Party "B")
 Authorized Signatory	 Authorized Signatory
Name: Dr. Karthik Rakam	Name: Dr. Vasudha Bakshi
Designation: CEO & Founder, Avenida Innovations	Designation: Dean, School of Pharmacy, Anurag University.
Email: karthik@avenidapro.com	Email: Vasudhapharmacy@cvsr.ac.in

MEMORANDUM OF UNDERSTANDING

**MEMORANDUM OF UNDERSTANDING BETWEEN
DelExcel Pharma
AND
Anurag University
(Formerly Lalitha college of Pharmacy)
FOR COLLABORATION OF INDUSTRY-ACADEMIC INTERACTION**

In accordance with the mutual desire to promote cooperation between DelExcel Pharma and Anurag University (Formerly Lalitha college of Pharmacy) both the organizations enter into this formal statement of collaboration in the form of Memorandum of Understanding (MOU) for Industry-Academic interaction.

Both the institutions have found it mutually beneficial to explore the possibilities for cooperative activities for the following purposes:

- 1) Collaboration in academic and research activities between and in Anurag Group of Institutions (Formerly Lalitha college of Pharmacy) the field of various Frontier Areas of Life Sciences, Biotechnology, Pharmaceutical Science and other related disciplines
- 2) To develop collaborative research projects for strengthening the research in the above areas between both the organizations
- 3) Exchange of facilities available at both the Institutions for collaborative research and to undertake projects of mutual interest
- 4) Organization of joint Seminars/Training Programs/Meetings and develop joint projects for collaboration between both the organizations

It is understood that the details of joint activities/conditions for utilization of results achieved, arrangements for specific visits, exchange and all other form of cooperation will be handled on mutually agreeable terms for each specific case.

Director
DelExcel Pharma

Kucharam

PRINCIPAL/DIRECTOR
Anurag University

Date: 31-10-22
Place:



MEMORANDUM OF UNDERSTANDING

THIS AGREEMENT, entered into this 2nd day of September 2022, by and between **SCHOOL OF PHARMACY, ANURAG UNIVERSITY, GHATKESAR, HYDERABAD, TELANGANA** and **REEDIUM LABORATORIES PRIVATE LIMITED, HYDERABAD, TELANGANA**.

WITNESSES THAT:

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERSITY and **REEDIUM LABORATORIES PRIVATE LIMITED** desire to promote the enrichment of their teaching and learning, research and discovery and engagement missions; and

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERSITY and **REEDIUM LABORATORIES PRIVATE LIMITED** desire to strengthen and expand the mutual contacts between the two organizations; and

WHEREAS, SCHOOL OF PHARMACY, ANURAG UNIVERSITY and **REEDIUM LABORATORIES PRIVATE LIMITED** desire to provide for a vibrant collaboration between the two organizations on the terms and conditions hereinafter set forth;

NOW THEREFORE, it is mutually agreed as follows:

- I. **Scope of Agreement** - The Agreement, shall include, but not be limited to, the following types of collaboration:
 - A. Seek mutual advice and support in planning and executing programs promoting excellence in respective areas of research and education.
 - B. Assist in Student, Teacher Training.
 - C. Placement assistance.
 - D. Collaborative Research and Discovery, Learning and Teaching, and Engagement.
 - E. Encourage the faculty members and scientist of either institute to attend lectures, seminars, workshops, and conferences in the respective areas of interest.
 - F. Share the library and scientific literature facilities mutually by giving access to library and other resources of either institute to the scientist/students/research personnel of other institutions
 - G. Other mutually agreed educational programs.

Remedium Laboratories Private Limited

Plot No.69, IDA, Prashanthi Nagar, Kukatpally, Hyderabad. Telangana-500072

Ph: 7893988065, 9666277667, Email: info@remediumlaboratories.com

Web: www.remediumlaboratories.com

- II. **Definitions** – As used herein the terms “host organization” and “home organization” shall have the following meanings
- A. Host organization – the organization accepting the faculty member/scientist or student.
- B. Home organization – the organization providing the faculty member/scientist or student.
- Period of Agreement – This MOU shall remain in force for three years from the date of the last signature. Prior to the expiration date, this agreement may be reviewed for possible renewal for a further three-year period. Either party may terminate this MOU by providing 60 days advance written notice to the other party.
- III. In this case, Personnel already participating in the exchange shall serve out their terms under the conditions specified at the time of their appointment.
- IV. **Activities Under This Agreement** – It is expected that activities taking place under this agreement will be initiated primarily in coordination with their respective administrative units concerned with such activities. All activities undertaken must conform to the policies and procedures in place at each institution.
- V. **Planning and Management of Activities** – Each distinct collaboration program or activity will be described in separate Activity Agreement drawn up jointly by the collaborating units, and signed by the heads of these units. Such agreements will specify the names of those individuals on each institution responsible for the implementation of the program.
- VI. **Funding of Activities** - Activity Agreement's should make financial costs and obligations explicit. Collaborating units are encouraged to work together to identify and secure any outside funding which may be needed. Projects requiring funding must be approved by both institutions.
- VII. **Limitation and Warranties:**
- Each party shall ensure that the other is not put to any liability for any act of the respective party under this MoU.

Remedium Laboratories Private Limited

Plot No.69, IDA, Prashanthi Nagar, Kukatpally, Hyderabad. Telangana-500072
Ph: 7893988065, 9666277667, Email: info@remediumlaboratories.com
Web: www.remediumlaboratories.com

IN WITNESS THEREOF, SCHOOL OF PHARMACY, ANURAG UNIVERSITY and REMEDIUM LABORATORIES PRIVATE LIMITED have executed this Agreement as of the date first above written.

FOR, SCHOOL OF PHARMACY,
ANURAG UNIVERSITY



AUTHORIZED SIGNATORY

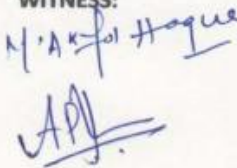
NAME: Dr. VASUDHA BAKSHI

DESIGNATION: DEAN



Date: 02-09-2022

WITNESS:



FOR REMEDIUM LABORATORIES
PRIVATE LIMITED

For REMEDIUM LABORATORIES


Authorised Signatory

AUTHORIZED SIGNATORY

NAME: Dr. M. SRUJAN KUMAR REDDY

DESIGNATION: FOUNDER & CEO

Date: 02-09-2022



Remedium Laboratories Private Limited

Plot No.69, IDA, Prashanthi Nagar, Kukatpally, Hyderabad. Telangana-500072

Ph: 7893988065, 9666277667, Email: info@remediumlaboratories.com

Web: www.remEDIUMlaboratories.com

MEMORANDUM OF UNDERSTANDING BETWEEN

**School of Pharmacy
Anurag University, Hyderabad**

AND

YMC India Pvt. Ltd.

**For Facilitating
COLLABORATIVE RESEARCH AND TRAINING.**

This Memorandum of Understanding (MoU) is entered on 12th August 2022 between School of Pharmacy, Anurag University, Venkatapur (V), Ghatkesar (M)

Press 'Esc' to exit full screen mode

AND

YMC India Pvt. Ltd with the mission to promote industry academia interaction through training the trainers and students in latest technologies from time to time and to explore the possibility of collaborative research work. YMC India Pvt. Ltd will be represented by its Managing Director.

School of Pharmacy, Anurag University (AU) has laboratories and research facilities in the areas of Pharmaceutical Sciences and the institute is striving to impart professional training to post graduate students in pharmaceutical Analysis specialization as per the quality assessment needs of drugs, pharmaceuticals and all edible substances and Pharmaceutics specialization as per the production of pharmaceutical formulations and related areas.

YMC Co. is a manufacturer of Equipments, resins, columns and consumables. YMC INDIA is a subsidiary of YMC Co. JAPAN. YMC INDIA - Centre of Excellence Lab was established in 2019 at Hyderabad to provide solutions in analytical and custom purifications. We cater solutions into various industries like Pharmaceuticals, Biopharma, Food, Agriculture, Petro Chemical, Clinical and drug discovery challenges.

We also initiated “YMC SCHOOL OF CHROMATOGRAPHY” (YSOC) to collaborate with Academic Institutions/ Universities to share our industrial experiences and provide training to the students/ scholars and to assist in research projects with our excellent infrastructure. Mainly our goal is to provide hands on experience of chromatography activities and its challenges in industries.

Article – V

This agreement shall be in effect initially for a period of five (5) years from the date of signing of this MoU by both the parties and may be renewed further, if mutually agreed. Either party may terminate the agreement by written notification signed by the appropriate official of the institution indicating the notice. The other party must receive such notice three months prior to the effective termination date.

However, obligations and commitments already contracted for and involving both parties shall be honored and continued by both the parties until such commitments are completed. The present Protocol can be amended by mutual written agreement of the two parties.

No amendment or modification of MoU shall be valid unless the same is made in writing by both the parties and specifically stating the same to be an amendment of MoU. The amendments/changes shall become part of the MoU and shall be effective from date on which signed/executed unless otherwise agreed to. The relationship of the YMC India Pvt. Ltd and AU under this MoU shall be non-exclusive and both parties are free to pursue other agreements or collaborations of any kind.

In witness, whereof, the parties hereto executed this MoU and represent that they approve, accept and agree to the terms contained herein.

For and on behalf of
School of Pharmacy
Anurag University
Hyderabad

Signature
Dr. Vasudha Bakshi
Principal
Date:

Witness:

1.



2.

For and on behalf of

YMC India Pvt. Ltd
Hyderabad

Signature
Dr. G.Srinivasa Rao
Director
Date:



1.

2.

Date: 11.08.2021

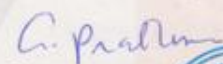
MEMORANDUM OF UNDERSTANDING BETWEEN
M/SCHEMVEDA LIFESCIENCES
And
Anurag University
FOR COLLABORATION INDUSTRY-ACADEMIC INTERACTION

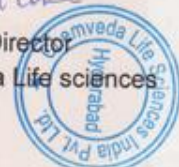
In accordance with the mutual desire to promote cooperation between M/S Chemveda Life sciences and Anurag University, both the organization enter into this formal statement of collaboration in the form of Memorandum of Understanding (MOU) for a period of one year.

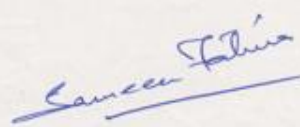
Both the institutions have found it mutually beneficial to explore the possibilities for cooperation activities for the following purposes:

1. Collaboration in academics and research activities between M/S Chemveda Life sciences and Anurag University the field of various Frontier Area of Life sciences, Biotechnology, Pharmaceutical Sciences and other related disciplines.
2. To develop collaborative research projects for strengthening the research in the above areas between both the organizations.
3. Exchange of scientific platforms/ thoughts/ decisions for collaborative research and to undertake projects of mutual interest.
4. Organization of joint Seminars/ Training Programs/ Meetings and develop joint projects for collaboration between both the organizations.

Conclude this memorandum of understanding (hereinafter referred to as the "MOU") with respect to the establishment of joint research and education programs between Anurag University and M/S Chemveda Life sciences.


Managing Director
M/S Chemveda Life sciences




Registrar
Anurag University



Glukem Pharmaceuticals (P) Ltd.
(An ISO 9001:2008 Certified Company)

MEMORANDUM OF UNDERSTANDING

This memorandum of understanding (MOU) is entered into as of Date 18.01.2019 by and between the School of Pharmacy, Anurag Group of Institutions, Ghatkaser (M), Medchal (D) Telangana Hyderabad and Company Glukem Pharmaceuticals (P) Ltd.

This letter is to explore the possibility for a joint venture between our company, Glukem Pharmaceuticals Private Ltd and your institute on a project for mutual benefit. Glukem Pharmaceuticals has been involved in the development of Pharmaceutical and Biotechnology products with its main focus being human vaccines, New Drug Delivery Systems and the products. Our biotechnology product development employs several cutting edge technologies such as humanized monoclonal antibodies, Oral delivery of Insulin etc.

It is indeed a pleasure to collaborate with you and your team of faculty with respect to development of biopharmaceuticals with an objective to inspire innovation in the area of pharmaceutical sciences. I appreciate your efforts to stimulate the young minds to promote research in the priority areas relevant to the needs of society. Our organization will indeed be willing to participate in your research projects and contribute to development of pharmaceutical products with the new animal facility.

We support your objectives in creating a conducive atmosphere for research of quality to the needy students and pharmaceutical industry in general.

School of Pharmacy

Anurag Group of Institutions

Glukem Pharmaceuticals (P) Ltd

Cherlapally, Hyderabad-500051
Telangana India.



తెలంగాణ తెలంగాణ TELANGANA
Sl.No. 9402 DT: 12-07-2021 100/-
Sold to Dr. Vasudha Bakshi
S/o. W/o. D/o. Dr. B. Ram
For Whom Anurag University, Dean, School of Pharmacy
A. Rajesh Kumar
AE 624504
LICENSED STAMP VENDOR
L. No. 15-17-018/2011. R.L.No. 15-17061/2020
H.No. 7-121, Beside Sub-Registrar Office
Ghatkesar (V & M) M. M. Dist 541-301
Cell: 9393366050

MEMORANDUM OF UNDERSTANDING

This Memorandum Of Understanding is made on 16th Day of July 2021 between Yashoda Hospital, behind Hari Hara Kala Bhavan, Secunderbad which is represented by its Dr.A.Lingaiah, S/o. Mr.A.Chinnaiah, Director – Medical Services aged : 67 yrs, R/o.H.No: 1-2-607/54/7, S.B.H.Colony, Behind DBR Mills, Hyderabad-500 380, herein named as party one and Anurag University, (Formerly Anurag Group of Institutions) Venkatapur(V), Ghatkesar (M), Medchal Dist-500088, Hyderabad, represented by Dean of Pharmacy, Dr.Vasudha Bakshi W/o. Dr.B.Ram, aged: 42 yrs, R/o: Flat No-313, Transcon Pragati Avenue, Peerzadiguda, Medchal, Malkajigiri, Hyderabad- 500039, herein named as party two.

The parties hitherto agree as follows:

1. Party one declares that Yashoda Hospitals, Secunderbad is a 500 bedded hospital, with a minimum of 130 beds for General Medicine Department.
2. Party one agrees to provide to party two the minimum space necessary of 1200 square feet in the hospital building to establish Pharmacy Practice department for the conduct of Pharm.D & Pharma D (Post Baccalaureate) training programs.
3. Party one agrees to provide preceptors required to train the Pharm.D & Pharma D (Post Baccalaureate) students.



ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M)
Medchal (D)-500088, etc.

V. J. Bakshi

4. Party one agrees that, it will not enter into similar agreement with any other Pharmacy institution/s or department/s offering or intend to offer Pharm.D & Pharma D (Post Baccalaureate) programs.
5. The prospective students will be allowed to undergo training in the following specialty departments.
 - Medicine
 - Surgery
 - Pediatrics
 - Gynecology and Obstetrics
 - Psychiatry
 - Skin and VD
 - Orthopedics
6. Party two will provide the academic staff and necessary infrastructure for Pharm.D & Pharma D (Post Baccalaureate) courses as per the PCI norms and takes the overall responsibility for smooth conduct of the programs.
7. This agreement is to be in effect at least for Five Years from the time of its endorsement by both the parties.
8. That the Institution will pay the amount towards Residency Training/ Internship Fee as per G.O issued by Govt. of Telangana & Policy adopted by other similar Institutions.
9. Party one has right to consider the second institution in case if hospital beds are increased to more than 600.
10. The officials representing Yashoda Hospital and Anurag University, (Formerly Anurag Group of Institutions) are signing this MOU to achieve the beneficial objectives of Pharm.D & Pharma D (Post Baccalaureate) programs.

Signature

Dr.A.Lingaiah
Director-Medical Services
Yashoda Hospital
Behind Hari Hara Kala Bhavan
Secunderbad-5000380



with seal and date

16/7/21

Signature

Dr.Vasudha Bakshi
Dean School of Pharmacy
Anurag University
Venkatapur (V) Ghatkesar (M),
Medchal I(Malkajigiri)-500088

with seal and date

16/7/21

ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M)
Medchal (D)-500088, T.S:



MEMORANDUM OF UNDERSTANDING (MOU)

This MoU is made on this 21st day of September, 2020 at **AUROBINDO PHARMA LIMITED** BY and BETWEEN

M/s AUROBINDO PHARMA LIMITED, a Company incorporated under the Companies Act, 1956 having its registered office at Plot No. 11, Water Mark Building, Hitech City Rd, Whitefields, Kondapur, Hyderabad, Telangana 500084, INDIA hereinafter referred to as "**the Company**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **First Part**

AND

ANURAG UNIVERSITY, a Private University located at Venkatapur (V), Ghatkesar Mandal, Hyderabad, Telangana 500088, hereinafter referred to as "**the Institute**" (which expression shall wherever the context so admits include its successors in interest, liquidators, administrators and permitted assignees) of the **Second Part**

WHEREAS all the parts are hereinafter referred to as "**Parties**";

AND WHEREAS, the parties by this MoU desire to establish common framework to facilitate in terms of exchange of information, material, to carry out research and to execute other agreements as may be necessary for the Research Project, Skill Development, Training Programmes and Placements.

NOW THEREFORE, in consideration of the promises and mutual covenants hereinafter contained, the Parties hereto agree as follows:

lockouts beyond the control of the Party claiming *force majeure*, epidemics, riots, civil commotion etc. lying beyond the reasonable control of and not brought about at the instance of the Party claiming to be affected by such event and which has caused the non-performance or delay in performance; provided on the occurrence and cessation of any such event the Party affected has given a notice in writing to the other Parties within one month of such occurrence or cessation.

iv. Validity and Termination

- a. The MoU shall be effective from the date of its signing by all the Parties. The MoU shall be valid for for 5 years thereafter.
- b. The Parties may renew/terminate this MoU by mutual agreement.
- c. A Party may terminate this MOU and/or the specific Research Project if the other commits a breach of the terms of this MOU or the respective agreement and fails to remedy such breach within 30 days from the date of notice by the non-breaching Party.
- v. **Alterations:** Any alteration and amendment to this MoU shall be made in writing by all the parties involved
- vi. **Transferability of Rights and Duties:** Rights and Duties in this MoU cannot be transferred to third party either in whole or in part, without the prior written consent of the other parties except to its designated Affiliates.
- vii. A separate 'Coordinating Committee' for project monitoring in between principal applicant and collaborator(s) may be constituted.
- viii. **Dispute Resolution and Governance:** The parties agree to use reasonable endeavours in the form of either Arbitration or other mutually agreeable settlement mechanism to amicably resolve any dispute arising among them in relation to the execution of the Project. .

The MoU shall be governed by the Laws of India.

S. Sekhri

[Signature]

ix. **Notices:** Notices shall be sent to the contact person at the address as set forth below or such address as any party shall have furnished to the parties.

IN WITNESS WHEREOF the Parties hereto through its duly authorized representatives have signed this MoU on the day, month and year mentioned hereinbefore.

Parties - Authorised Signatory

For and on behalf of M/s **AUROBINDO
PHARMA LIMITED "the Company"**

Name: **Mr. M. Madan Mohan Reddy**
Designation: **Director**
Date: 21.09.2020

For and on behalf of **ANURAG
UNIVERSITY "Private University"**

Name: **Mrs. S. Neelima**
Designation: **CEO**
Date: 21.09.2020

Witness 1:

Name: **Prof. S. Sameen Fatima**
Registrar, Anurag University
Date: 21.09.2020

Witness 2:

Name: **Dr. Vasudha Bakshi**
Dean, Pharmacy, Anurag University
Date: 21.09.2020



తెలంగాణ తెలంగాణ TELANGANA

Sl.No. 31560 DT:02-12-2019 100/-

Sold to S. Neelima

S/o.W/o.D/o P. Rajeshwar Reddy

For Whom Anurag Group of Institutions 20-11-19

W 763952
A. RAJESH KUMAR
LICENSED STAMP VENDOR
L. No.15-17-018/2011. R.L.No.15-17-056/2017
H.No.7-121, Beside Sub-Registrar Office
Ghatkesar (V & M) Medchal (Malkajgiri) Dist 501-301
Cell: 9393366050

MEMORANDUM OF UNDERSTANDING

This memorandum of understanding is made on 9th December, 2019 between the Gandhi Hospital, near old Jail Museerabad, Secunderabad-500003, which is represented by its Superintendent herein named as party one and Anurag Group of Institutions (Formerly Lalitha College of Pharmacy), Venkatapur (V), Ghatkesar (M) Medchal (D), 500088 represented by its Principal herein named as party two. The parties hitherto agree as follows:

1. Party one declares that Gandhi Hospital is a 1012 bedded hospital with a minimum of 120 beds for General Medicine Department.
2. Party one agrees to provide to party two the minimum space necessary of 1200 square feet in the hospital building to establish Pharmacy Practice department for the conduct of Pharm.D and Pharm.D-PB(Post Bacculerate) training programs.
3. Party one agrees to provide preceptors required to train the Pharm.D and Pharm.D-PB (Post Bacculerate) students.
4. The Gandhi Hospital has got more than 180 beds in the Medicine Department. Only 120 beds are allotted to the Anurag Group of Institutions (Formerly Lalitha College of Pharmacy) Venkatapur (V), Ghatkesar (M) Medchal (D), 500088. Gandhi Hospital Management has got the right to enter in to agreement with other colleges also for the remaining beds.

[Signature]

[Signature]

5. The Prospective students will be allowed to undergo training in the following specialty departments.

- Medicine
- Surgery
- Pediatrics
- Gynecology and Obstetrics
- Psychiatry
- Skin and VD
- Orthopedics

6. Party two will provide the academic staff and necessary infrastructure for Pharm.D and Pharm.D-PB (Post Bacculerate) as a part of curriculum as per the PCI norms and takes the overall responsibility for smooth conduct of the programs.

7. Extension can be given every year after making of full payment as per G.O Ms.No.398Dt.15-11-2008 of Health Medical & Family Welfare (E1) Dept., only. Without payment this agreement deemed to have been cancelled and without payment students will not be allowed into the hospital.

8. The officials representing Gandhi Hospital, Secunderabad and Anurag Group of Institutions (Formerly Lalitha College of Pharmacy), Venkatapur (V), Ghatkesar (M) Medchal (D), 500088, Hyderabad are signing this MOU to achieve the beneficial objectives of Pharm.D and Pharm.D-PB (Post Bacculerate).

Signature

Dr. Sharmila
Sup. of Gandhi Hospital
SUPERINTENDENT
GANDHI HOSPITAL, SEC-BAD.T.S.

With seal and date

Signature

V. J. Bakshi
Dr Vasudha Bakshi
Principal
Anurag Group of Institutions
Venkatapur Village
Ghatkesar (M), R. R. Dist.,

With seal and date

PRINCIPAL
ANURAG GROUP OF INSTITUTIONS
(FORMERLY LALITHA COLLEGE OF PHARMACY)
VENKATAPUR(V), GHATKESAR(M), R.R.DIST.SEC-BAD



MEMORANDUM OF UNDERSTANDING

Between

**VAISHNAVI BIOTECH LIMITED,
HYDERABAD, TELANGANA**

And

**ANURAG UNIVERSITY, HYDERABAD,
TELANGANA**



Sameer Fatima
22/12/21
REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

MEMORANDUM OF UNDERSTANDING

Between

VAISHNAVI BIOTECH LIMITED, HYDERABAD, TELANGANA

and

ANURAG UNIVERSITY, HYDERABAD, TELANGANA

This Memorandum of Understanding (MoU) entered into and executed on 23rd Dec 2021 between

Vaishnavi Biotech Limited having its office at 8-2-120/114/A, Meenakshi Banjara Villie, Road number 2, Banjara Hills, Hyderabad 500 033, Telangana state, India (hereinafter referred to as 'VBTL' as the context permits).

And

Anurag University, Hyderabad, Telangana

VAISHNAVI BIOTECH LIMITED is one of the Asia's largest Industrial Fermentation establishments in the business of Manufacturing and Marketing of Eco-Friendly Bio Technology products viz., APIs / Food Ingredients, Bulk Drugs, Organic Agri Inputs, Bio fertilizers, Animal Health Care products (Cattle / Poultry & livestock feed supplements) and other value-added products based on plant-based carbohydrates. (www.tripurabiotech.com).

Whereas the **ANURAG UNIVERSITY** has the objective to provide facilities and promote studies in emerging areas of higher education on the frontiers of science, technology, and management education. In pursuance of the objective, the Institute has been endeavoring to develop closer relationship with the corporate world so that the synergy between academics and business world can be reaped to the fullest extent.



Sameer Satish
REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

Article III: Duration and Termination of the MoU

1. This MoU is effective as of the date of signatures by the authorities of VBTL and Anurag University.
2. This MoU is valid from the Date of execution by the parties and shall remain in effect forever, unless it is terminated by either of the parties with 90 days' notice.
3. This MoU may be amended at any time by written mutual consent.
4. This MoU may be terminated by either party by the provision of written notice of termination not less than six months prior to the desired termination date. However, both parties agree that all continuing obligations to students, staff, funding bodies or other entities are met in full subsequent to the notice of termination.
5. The termination of this MoU shall not affect the rights or obligations of either party regarding any binding offer or firm obligation approved and agreed to either party prior to the termination date.
6. In event of any dispute/s arising between the parties hereto, it shall be endeavor of both the parties to resolve the dispute amicably by mutual discussion and deliberation.

Article IV: Miscellaneous

1. If any provision of this memorandum is held by any court or other competent authority to be illegal, void or enforceable in whole or in part, this memorandum shall continue to be valid as to the other provisions therefore and the remainder of the effected provision.
2. Nothing in this MoU constitutes or to be construed a party as the partner, agent employee or representative of the other party. A party must not act independently of the other party and does not have the right or power to commit the other party on any matter or incur any obligation on behalf of or pledge the credit of the other party without the prior written approval of the other party.
3. The parties agree to comply with all laws applicable within the jurisdiction of the signatories below.
4. Data generated through such collaborative research will be published in scientific journals jointly and any intellectual property arising out of joint intellectual input under a collaborative research / R&D project shall be held jointly through a separate agreement.



Sameer Satish
REGISTRAR
ANURAG UNIVERSITY
Venkatapur (V), Ghatkesar (M),
Medchal (Dist).

Notwithstanding anything stated herein above, in the event of any difficulty in the implementation of MoU and any dispute arising particularly in the matter of Academics, the same shall be governed by UGC regulations and the provisions of, Anurag University.

IN WITNESS whereof the parties hereto have executed this MoU or caused it to be executed in their names and on their behalf by their duly authorized representatives on the date set forth.

(Ms. M Vaishnavi)
Managing Director
Vaishnavi Biotech Limited
Telangana

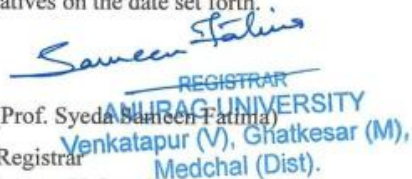


Date: 22-12-2021

Place: HYDERABAD.

Witness: Dr KVSS Sairam, Technical Advisor
Vaishnavi Biotech Ltd
Hyderabad, Telangana

(Prof. Syeda Sameen Fatima)
Registrar
Anurag University
Telangana



Date: 22/12/21

Place: Hyderabad.

Witness: Dr. M Mukunda Vani
HOD, Dept. of Chemical
Engg., Anurag University



Health Outreach Programs 2024

SDG 3 - Good Health and Well-being

The University regularly organises a diverse range of health, wellness, and awareness programs aimed at empowering students, faculty, and the wider community. These initiatives reflect the institution's commitment to promoting holistic well-being, fostering responsible citizenship, and strengthening community engagement.

A series of **Anti-Drug initiatives**, including the Anti-Drug Summit, International Day Against Drug Abuse and Illicit Trafficking, and Anti-Drug Awareness Programs, are conducted annually to educate youth about the dangers of drug addiction. These programs feature expert talks, interactive sessions, counselling guidance, and student-led campaigns that highlight the physical, psychological, and social consequences of substance abuse. The University also collaborates with government agencies and NGOs to reinforce the message of a drug-free campus and community.

Health awareness is another major focus area. The **Organ Donation Awareness Program** sensitises participants about the importance of organ donation, debunking myths and encouraging voluntary pledges to save lives. Through the Tobacco-Free Youth Campaign, students and faculty are educated on the harmful effects of tobacco consumption and motivated to adopt healthier lifestyles. The Anti-Ragging Awareness Program further strengthens campus safety by fostering respect, discipline, and inclusivity among students.

The University regularly hosts health-focused camps to ensure early detection and timely intervention. The **Blood Group Detection Camp and Blood Donation Camp** witness enthusiastic participation from students and faculty, supporting hospitals and blood banks with critical supplies. The Health Screening Camp offers free medical check-ups, including vital parameters, screening for common illnesses, and doctor consultations, benefiting both the campus community and local residents.

Recognising the importance of preventive health, the University celebrates **World AIDS Day** with awareness lectures, poster presentations, and community outreach activities aimed at reducing

stigma and promoting safer practices. Hands-on Training in **Nutritional Assessment** is conducted for students to equip them with practical skills in dietary evaluation, anthropometric measurements, and nutritional counselling. These sessions help foster scientific understanding and encourage healthy eating habits.

Additionally, the University promotes physical and mental well-being through its **Yoga Program**, which introduces students and staff to yoga techniques, breathing exercises, and meditation practices to reduce stress and improve concentration.

Anti- Drug Summit-2024

Date :- 10-02-24

Aspiring to create a better society, Rachakonda security council along with Rachakonda Police Commissionerate and BITS PILANI, have organised an ANTI DRUG SUMMIT 2024 at BITS PILANI campus, Shamirpet, Secunderabad. NSS volunteers of Anurag University have attended the summit along with their program officers, Dr. P. Naveen, Mr. M. Madhukar and Mr. G. Kiran Kumar respectively. The volunteers have actively participated and learned about the ill effects of drug abuse and how it effects an individual's life choices. Anti- Narcotics Bureau [TSNAB] Sandeep Shandilya who was the chief guest of the program explained about addiction and misuse of narcotic substances especially among the youth. Erin Fisher, US Consulate Chief Investigator, and other officers and students of various colleges were present. Main motto of this summit was "Love Yourself And Say No To Drugs."



GANJA AND DRUG AWARENESS PROGRAMME

Date: 25/06/2024



NSS Cell Units I and IV from Anurag University along with their Programme Officers Dr. J. Rajendra Kumar and Mr. G. Kiran Kumar respectively participated in a drug awareness program at Tank Bund, Hyderabad, on June 25, 2024. The event

featured prominent figures such as Mallu Bhatti Vikramarka, Deputy Chief Minister of Telangana, A. Shanthi Kumari, Chief Secretary of Telangana, Sandeep Shandilya, Drug Controller, Kothakota Srinivas Rao, Hyderabad Commissioner, and Tarun Joshi, Rachakonda Commissioner. They discussed the harmful effects of drug abuse and ways to promote a drug-free lifestyle among the youth.

NSS volunteers organized a 2 km rally to raise awareness about the dangers of drugs like ganja. The program aimed to educate individuals on the physical, psychological, and social consequences of drug abuse, encourage informed decision-making, and provide support for those struggling with addiction. This initiative helped equip volunteers with essential skills and information to fight against drug abuse, contributing to a healthier, drug-free.

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING – 2024

Date: 26/06/2024



Anurag University's NSS Unit-I actively participated in a special event on June 26th for the International Day Against Drug Abuse and Illicit Trafficking, organized by Unit II. The event was coordinated by Dr. C. Mallesha, NSS Cell Programme Coordinator, and featured esteemed guest speakers Shiva Krishna, SI of Pocharam, and Nageshwar Rao, SI of Pocharam.

The focus was on raising awareness about the serious issues caused by drug abuse and trafficking worldwide. They highlighted the health risks, addiction problems, and the wider impacts like crime and violence. This programme aimed to educate people about the dangers of drugs, support prevention programs, advocate for policies to tackle drug abuse, and reduce the stigma around addiction. The event included activities to educate participants about drug risks, promote prevention efforts, and create a more supportive environment for those affected. Anurag University's NSS cell goal was to join the global effort towards a drug-free world through collaboration and awareness.

International Day Against Drug Abuse and Illicit Trafficking:

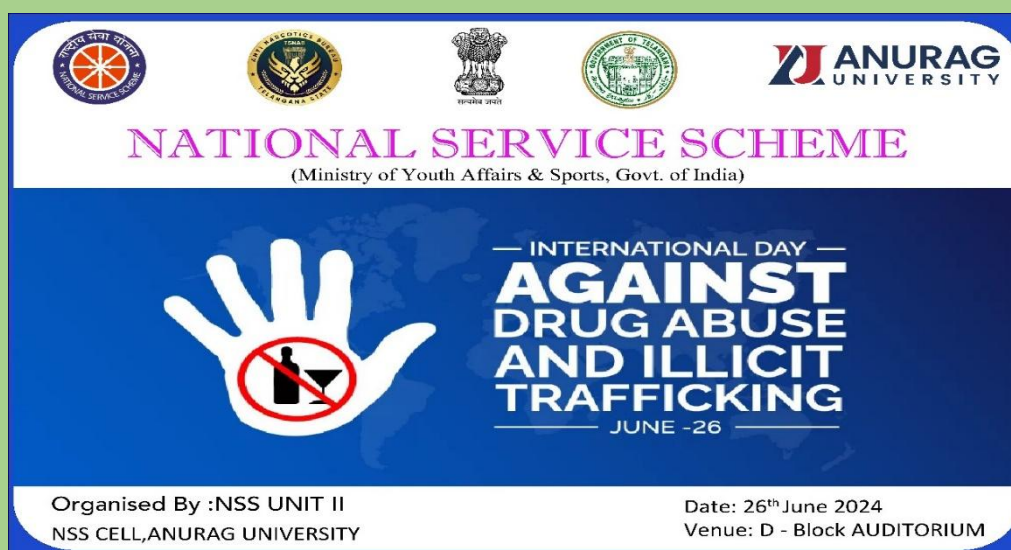
Date: 26.06.2024

The National Service Scheme (NSS) Unit-III, NSS Cell of Anurag University participated a Drug Abuse and Illicit Trafficking Awareness Program on 26th June 2024. The objective was to educate the local community, especially the youth, about the dangers of drug abuse, and to raise awareness about the issue of illicit trafficking. The program was held at the D-Block Auditorium

The NSS volunteers coordinated the event, with support from unit-II and local health professionals, the police, and a few NGOs working in the field of drug rehabilitation. Posters and pamphlets were distributed in advance to inform the community about the program.

The event began with a street play highlighting the harmful effects of drug abuse. Following the play, a series of interactive sessions were held, where experts spoke about the mental and physical consequences of drug use. Participants were encouraged to share their thoughts in a group discussion.

Banner for the Event:



The session was commenced by Dr. C. Mallesha, Programme Coordinator, NSS Cell, Anurag University. The audience was addressed and a brief introduction was given. The Guest was invited to the stage Mr. Nageshwar Rao, Sub-Inspector of Police, Pocharam PS and Mr. Shiva Krishna, Sub-Inspector of Police, Pocharam PS.



Both the policemen have their equal share of experience towards the Drug Abuse and Illicit Trafficking happening in the society. They went on sharing personal experiences and anecdotes from their service as officers of the Police Department. The guests also raised awareness regarding the Substance Abuse and Trafficking at the ground level teaching the students how to eradicate it from the root level. The officers also emphasized the students on how they can create an impact by doing events like these to create awareness to the public.

Over 200 community members attended, and feedback indicated that the program was highly effective in spreading awareness. Many participants expressed interest in joining follow-up counselling sessions. The success of the event led to plans for similar programs in surrounding areas.

The primary challenge faced was convincing younger individuals to participate actively, especially those who might already be involved in substance abuse. However, the interactive format and peer discussions helped mitigate this issue.





Conclusion:

The NSS Drug Abuse and Illicit Trafficking Awareness Program successfully informed the community about the dangers of drugs and trafficking. Continued awareness campaigns and outreach programs are essential to fight this growing issue. Future programs should focus on engaging schools and college students to create a lasting impact.

Anti-Drug Awareness Program:

Date:12.07.2024

The **Anti-Drug Awareness Programme** was organized by the National Service Scheme (NSS) Unit-II & III on 12.07.2024 at D- Block Auditorium, Anurag University. This initiative aimed to raise awareness about the dangers of drug abuse, educate students and the local community about the ill effects of drugs, and promote healthy, drug-free living. The program was held in collaboration with TG Narcotic Anti Bureau (TGNAB) Department, Government of Telangana.

Objective:

- To inform students and the community about the harmful effects of drug abuse on health, society, and families.
- To break the stigma around drug addiction and encourage open discussions.
- To provide information on available resources and rehabilitation options for those affected by drug addiction.
- To promote a healthy and drug-free lifestyle among youth.

Banner for the Event:



Significance: Drug abuse, especially among youth, is a growing concern that can have long-lasting consequences on individual health and society. Through this awareness program, the NSS Unit-III aimed to reduce the prevalence of drug use and promote preventive measures.

The NSS volunteers were divided into teams, each responsible for specific tasks such as organizing the sessions, preparing awareness materials, managing logistics, and coordinating with health professionals and experts. The NSS Unit-III in collaboration with TG Anti Narcotic Bureau (TGNAB) Department,



Government of Telangana and partnered with local health departments, addiction recovery centers, and mental health professionals to provide expert insights on drug abuse and rehabilitation options. These professionals were key to the success of the program by sharing their expertise and offering practical solutions.

NSS Units II and III have organized a drug abuse awareness event with distinguished guests included Anurag Palla, director of strategy and digital learning; P. Sai Chaitanya, IPS; B. Ramesh, DSP; P. Srinivas Rao, Inspector; and K. Praveen Kumar, Inspector, all from the Anti-Narcotics Bureau.

In the days leading up to the event, the NSS volunteers launched a campaign to raise awareness about the harmful effects of drugs. They distributed posters, pamphlets, and conducted small awareness sessions in classrooms to inform students about the upcoming program.

Inaugural Session:

The Anti-Drug Awareness Programme was

inaugurated by Chief

Guest P. Sai Chaitanya,

IPS; B. Ramesh, DSP; P.

Srinivas Rao, Inspector; K.

Praveen Kumar, Inspector;

Anurag palla Director of

strategy and digital

learning; Dr. V Vijay Kumar,

Dean School of Engineering

and Dr. Mahipathi Srinivas

Rao and Dr C Mallesha,

NSS Program

coordinator.



The programme aimed to educate and raise awareness about the harmful effects of substance abuse. The volunteers became more informed about the danger and consequences of drug abuse, including Ganja. They were

equipped with knowledge on how to prevent it among themselves and their peers.

B. Ramesh, DSP who spoke about the importance of drug-free living and the need for young people to be role models in society. The Chief Guest encouraged everyone to engage in the program to understand the dangers of drug addiction.

- **Understanding Drug Abuse:** Experts discussed the different types of drugs, how they affect the brain and body, and the long-term consequences of addiction.
- **The Social and Psychological Impact of Drugs:** A session focused on the psychological and social impact of drug abuse, including the effects on relationships, mental health, and communities.
- **Recognizing Early Signs of Drug Abuse:** Educating participants on the warning signs of drug abuse and how to intervene early.
- **Rehabilitation and Recovery Options:** A talk on the available treatment methods, rehabilitation centers, and the role of family and community in supporting individuals recovering from addiction.
- **Pledge Ceremony:** At the end of the program, participants took a pledge to stay drug-free and to spread awareness about the dangers of drug abuse within their families and communities.
- **Distribution of Awareness Material:** Pamphlets, brochures, and booklets containing information about the effects of drug abuse, signs of addiction, and available help centers were distributed to participants.



Conclusion:

The Anti-Drug Awareness Programme successfully met its objectives of raising awareness about drug abuse and providing valuable information on prevention and treatment for the 1000 members are participated in this program. The program effectively engaged students, faculty, and the local community, helping them understand the dangers of drugs and the importance of leading a drug-free life.

Anti-Ragging and Anti – Drug Awareness Program

Date: 03.08.2024

The Anti-Drug Awareness Programme was organized by the National Service Scheme (NSS) Unit-III, NSS Cell, Anurag University on 3rd August 2024, aimed at educating students and the local community about the dangers of drug abuse, prevention strategies, and the importance of leading a drug-free life. The event sought to raise awareness about the consequences of drug addiction on mental health, relationships, and society, while promoting healthy, drug-free living.

Objective:

- To raise awareness about the harmful effects of drug abuse on physical and mental health.
- To educate students and the community about the signs of drug addiction and the importance of early intervention.
- To inform about the available rehabilitation centers and recovery programs.
- To encourage a drug-free lifestyle and promote healthy coping mechanisms for stress and challenges.

The program aimed at educating and raising awareness among volunteers about the negative impacts of ragging and drug abuse. The outcome of such programs can be significant in creating a safer environment within



Mr Sandeep Shandilya, IPS, receiving by Dr V.Vijaya Kumar Dean school of engineering.

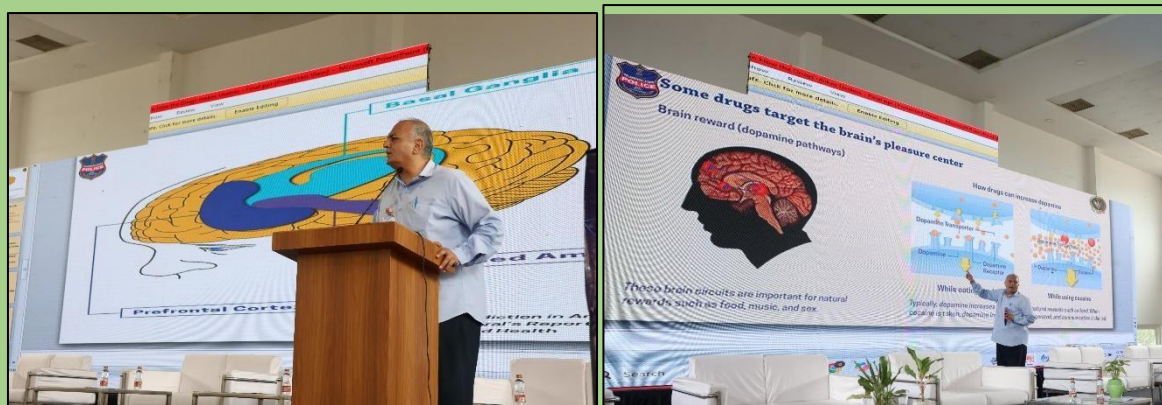
educational institutions and communities.



The NSS Unit – III organized Anti – Ragging and Anti – Drug Awareness Program with distinguished guest Mr Sandeep Shandilya. The event commenced with a warm welcome to the chief guest, Mr Sandeep Shandilya and. In his address, Mr Shandilya spoke poignantly about the increasing menace of drug abuse and ragging, particularly among the youth. He emphasized how these issues can derail the lives of young people, leading to devastating consequences not only for the individuals involved but also for their families

and society at large. Mr. Shandilya highlighted the psychological and physical toll that drug abuse and ragging can take on victims, urging the students to remain vigilant and steer clear of such destructive behaviors. He encouraged the youth to channel their energy into positive and productive activities, thereby contributing to their own growth and the betterment of society.

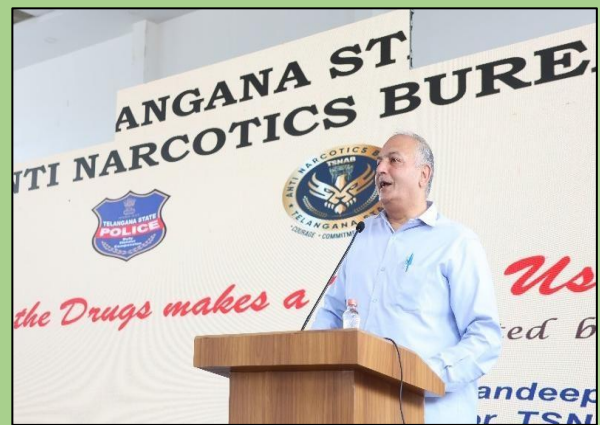




Following his speech, Mr. Shandilya presented a series of thought-provoking videos that depicted the real-life consequences of drug abuse and ragging. The videos illustrated the severe impact these practices can have on individuals, including health issues, legal troubles, and loss of life. Each video was followed by a detailed explanation from Mr. Shandilya, where he broke down the content and encouraged the audience to reflect on the messages conveyed.

The interactive discussion that ensued allowed students to express their thoughts and concerns, making the session both educational and engaging. Mr. Shandilya answered questions from the students and provided insights into how they could protect themselves and their peers from falling prey to these harmful behaviours.

As part of the awareness drive, a poster highlighting the dangers of ragging and drug abuse was unveiled. The poster, designed by the NSS units, serves as a constant reminder to the students of the importance of staying drug-free and rejecting any form of ragging. The launch of the poster was met with enthusiastic support from the attendees, who appreciated the creative and informative design.



To conclude the event, a pledge ceremony was held where all participants took an oath to stand against ragging and drug abuse. Led by Mr. Shandilya, the students pledged to uphold the values of respect, integrity, and responsibility. They vowed to report any instances of ragging or drug abuse they might witness and to support their peers in making healthy and positive choices.

Group photo of volunteers with NSS Programme Coordinator



Tobacco free Youth Campaign and Handloom Rally:

Date: 24.08.2024

NSS Unit - III of Anurag University Participated an "**Awareness Rally on Tobacco Campaign**" on **24th August 2024**, aimed at raising awareness about the harmful effects of tobacco consumption. The rally was a part of the university's initiative to promote health and well-being among students and the local community.

The event was attended by 30 enthusiastic NSS volunteers, including students from various departments, faculty members, and NSS program officers. The rally commenced at 12:30 PM from the university campus, with participants carrying placards and banners highlighting the dangers of tobacco use, such as cancer, respiratory diseases, and addiction. The volunteers marched through the main streets of the university, engaging with fellow students and faculty, and distributed informative pamphlets detailing the health risks of tobacco.

Throughout the rally, the volunteers emphasized the importance of leading a tobacco-free life and encouraged everyone to be aware of the social, economic, and environmental impacts of tobacco consumption. Several posters

and slogans, including "Tobacco Kills," "Quit Tobacco, Save Life," and "Say No to Smoking,"



were displayed to further enhance the message.

The rally was a resounding success, receiving positive feedback from students, staff, and local residents. It helped to create a sense of social responsibility and motivated others to take steps toward a healthier lifestyle.





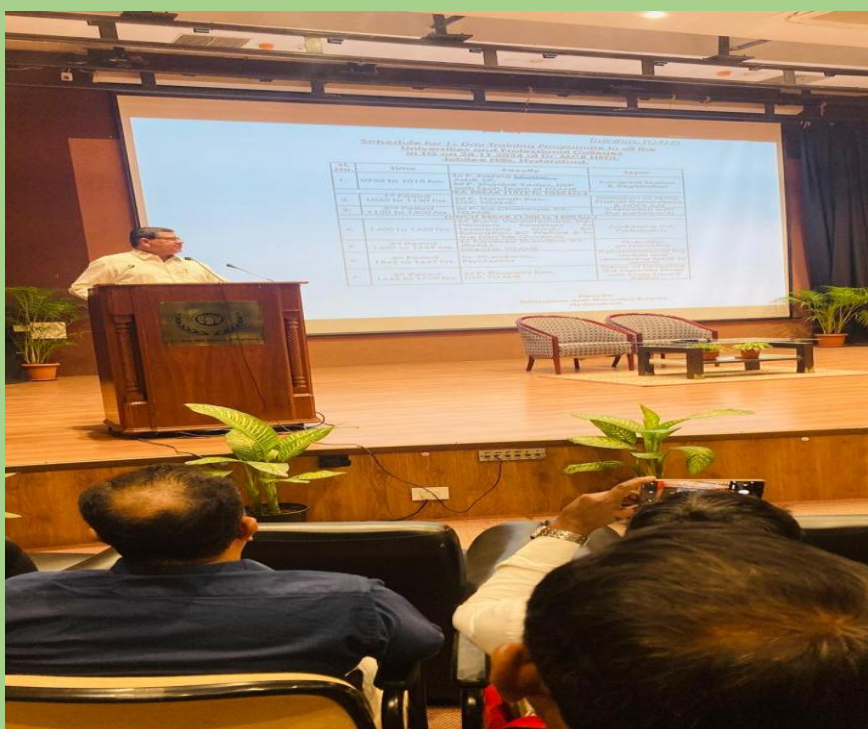
Drug Abuse in Youth-Training program for faculty @ TGNAB:

Date: 28.10.2024

The Drug Abuse in Youth Training Programme was organized by the National Service Scheme (NSS) unit of Anurag University on 28.11.2024 at Dr. MCR HRD Institute of Technology, Jubilee Hills. The program aimed to create awareness about the rising issue of drug abuse among youth and equip the university faculty with the necessary knowledge and skills to identify, address, and mitigate the impact of drug abuse in educational settings. The training on Drugs Abuse in Youth: Intervention strategies for prevention, Awareness and Rehabilitation to be held at Dr. MCR HRD Institute, Jubilee Hills, Hyderabad-500033 on 28.11.

Objective:

- To raise awareness about the prevalence of drug abuse among youth.
- To provide faculty members with tools to identify signs of drug abuse among students.
- To offer strategies for counseling and providing support to students affected by substance abuse.
- To train faculty members in preventive measures that can be implemented within the university environment.
- To enhance the faculty's role as positive mentors in guiding students towards healthier choices.



Significance: With drug abuse becoming a significant issue among young people, it is essential that educators are equipped with the knowledge and skills to address this issue. The program was designed to sensitize the faculty and provide practical solutions for reducing the impact of drug abuse in the academic community.

The NSS unit at Anurag University took the lead in organizing the event, with a dedicated team responsible for planning, logistics, and coordination. The organizing committee invited guest speakers, including psychologists, counselors, and experts from local NGOs who specialize in addiction treatment and prevention. Faculty members from various departments were involved in both the planning and implementation stages.

The one-day training program was attended in collaboration with the **Dr. MCR HRD Institute of Technology, Jubilee Hills**, which specializes in drug abuse prevention and rehabilitation. Guest speakers were selected based on their expertise in substance abuse, addiction psychology, and youth counseling. The university's administration provided logistical and financial support to ensure the smooth conduct of the event.

Pre-Program Activities: Prior to the training session, faculty members were informed about the program through emails, WhatsApp, notice boards, and university meetings. An initial survey was also conducted among the faculty to understand their level of awareness about drug abuse and any specific areas where they felt they needed more training. This ensured that the content of the program was tailored to meet the needs of the participants.

Understanding Drug Abuse and Its Impact: The first training session focused on raising awareness about the types of drugs commonly abused by young people, including alcohol, prescription drugs, and recreational drugs. The session explained the physiological, psychological, and emotional effects of drug abuse on young people. Participants were informed about the long-

term consequences of addiction on academic performance, relationships, and mental health.

Signs of Drug Abuse: One of the critical training sessions was dedicated to identifying the signs of drug abuse in students. Faculty members were trained to recognize both physical and behavioral indicators, such as sudden changes in mood, academic performance, absenteeism, and personal hygiene. The session included case studies and role-playing scenarios to practice identifying



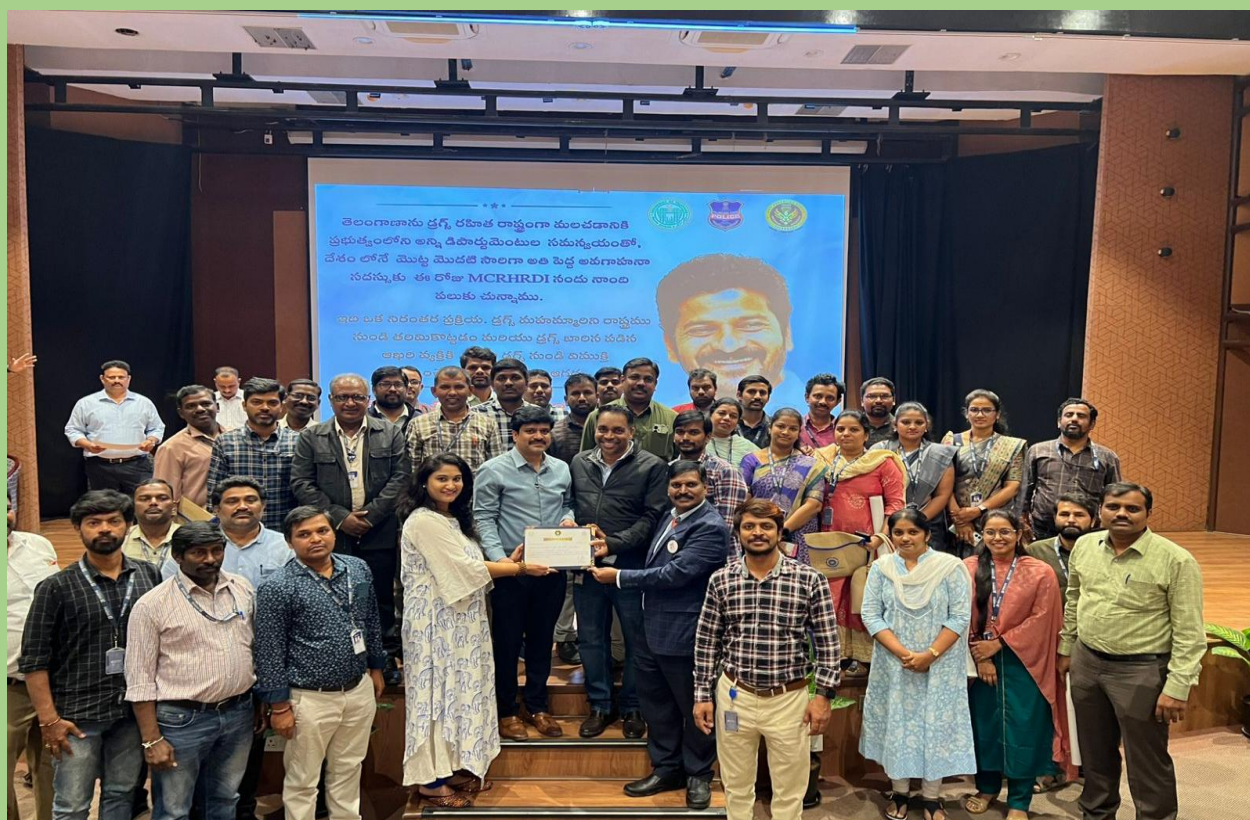
warning signs.

Prevention Strategies and Counseling Techniques: The training provided a range of prevention strategies that can be implemented at the university level. This included:

- Conducting awareness campaigns on the dangers of drug abuse.
- Organizing workshops and support groups for students to talk openly about drug-related issues.
- Encouraging peer support systems where students can mentor each other and raise awareness.
- Creating a supportive environment that promotes mental health and well-being. Faculty members were also trained in basic counseling

techniques, which included active listening, providing emotional support, and guiding students towards professional help when necessary. The session emphasized the importance of a non-judgmental, empathetic approach to dealing with students facing drug-related challenges.

Group Discussions and Interactive Activities: Faculty members participated in group discussions, sharing their experiences and thoughts on how drug abuse has impacted their students. Experts facilitated discussions on the role of teachers in creating a drug-free campus environment and how to communicate effectively with students who may be at risk.



Conclusion:

The **Drug Abuse in Youth Training Programme** was a success in equipping the 56 faculty members of Anurag University with the tools and knowledge necessary to combat drug abuse among students. By fostering a supportive environment and raising awareness, the program laid the groundwork for creating a healthier, drug-free campus. It is recommended that the university continues to organize such

training programs periodically to ensure that faculty members are well-equipped to handle emerging challenges. Furthermore, establishing a permanent counseling and support system on campus will help create a long-term solution to drug abuse issues.

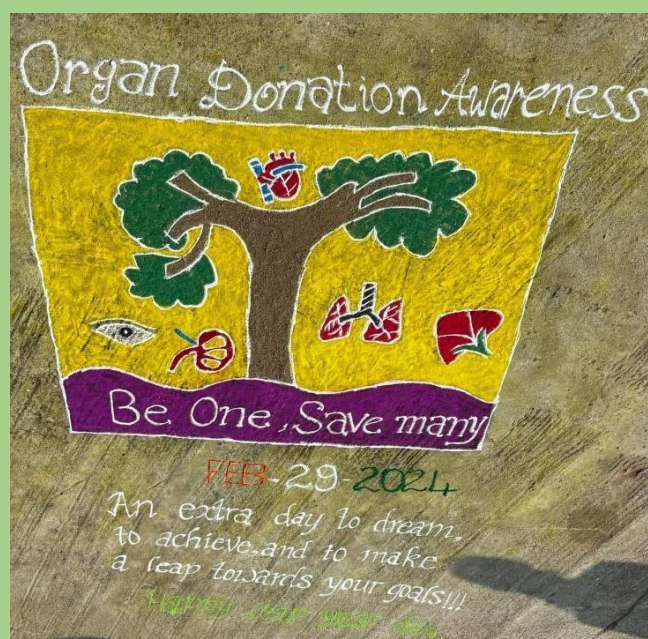
The NSS Cell Anurag University extends its sincere gratitude to the guest speakers, experts, and faculty members for their active participation. The university administration is also thanked for its continuous support in facilitating the event.

DAY-5: 29th FEBRUARY, 2024 THEME: ORGAN

DONATION AWARENESS

DAY-5 SCHEDULE

Timings	Programme
9:00-9:30	Flag Hoisting
9:30-12:30	Field Work
12:30- 12:45	Assembling
12:45 - 1:30	Lunch
1:30-2:00	Civil Hod Interaction
2:00-3:30	Guest Lecture
3:30-3:40	Break
3:45-4:45	Culturals (Team 6)
4:45-5:00	Alumni Interaction
5:00-5:10	Flag D-Hoisting
5:10-5:30	National Anthem



FLAG HOISTING:

On Day 5 of our exploration into Organ donation awareness, we commenced the day with the symbolic gesture of unity and pride, as Program Officer Santosh, ECE NSS, Naresh sir, Mech NSS department faculty coordinator department faculty coordinator hoisted the flag.

FIELDWORK:

Conducting a rally on Ghatkesar road on the fifth day of our anti-drug abuse fieldwork provides a powerful platform for raising awareness and educating the community. Through strategic planning, coordination with local authorities, and extensive promotion, the rally aims to reach a broad audience and highlight the dangers of substance abuse. Speakers will share personal stories and professional insights, while interactive activities will engage participants and reinforce key messages. Symbolic gestures, such as memorials or pledge walls, will underscore the importance of the cause. The rally serves as a catalyst for ongoing efforts to combat drug abuse, including follow-up support and advocacy for policy changes, ultimately contributing to a healthier and safer community.

AWARENESS:

The fieldwork's fifth day involved conducting a rally on Ghatkesar road to raise awareness about the perils of drug abuse. This event served as a pivotal moment to engage the community directly, employing various strategies such as informative speeches, interactive sessions, and visual displays to underscore the detrimental effects of substance abuse. By targeting a high-traffic area and leveraging effective communication channels, the rally aimed to instigate meaningful conversations, promote preventive measures, and provide support avenues for individuals and families affected by drug addiction. Through collaborative efforts and community involvement, the fieldwork endeavored to foster a culture of awareness and proactive action against drug abuse, aiming for long-term positive impact.





BLOOD GROUP DETECTION CAMP – 2024

Date: 25/09/2024

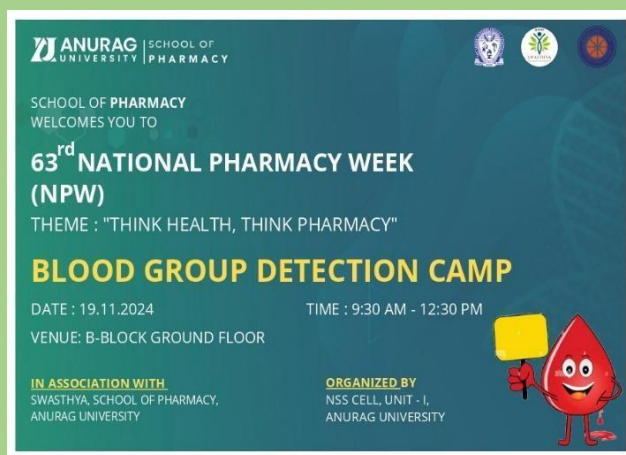


On September 25th, NSS Cell Unit I, in collaboration with the School of Pharmacy, organized a Blood Detection Camp in observance of World Pharmacist Day. The event was honored by the presence of Dr. Vijaya Kumar, Dean of the School of Engineering, and Dr. Vasudha Bakshi, Dean of the School of Pharmacy, along with faculty members from the School of Pharmacy.

NSS Unit I volunteers played an active role in the camp, encouraging students to participate and have their blood groups detected. The initiative saw an impressive turnout, with over 220 students undergoing blood group testing. The event was deemed a significant success, highlighting the commitment to health awareness and community service within the university.

BLOOD GROUP DETECTION CAMP

DATE : 19-11-2024



In commemoration of the 63rd National Pharmacy Week, a blood group testing camp was organized by NSS Unit I in collaboration with the School of Pharmacy. The event was officially inaugurated by Dr. Vasudha Bakshi, Dean of the School of Pharmacy, who highlighted the significance of health awareness and community engagement.

The event was attended by Dr. J. Rajendra Kumar, Coordinator of NSS Unit I, and Dr. B. Tirupathi, Department Coordinator. Faculty coordinators of the national pharmacy week, Dr. Mohammed Sayeed and Dr. Santhoshi Priya attended this event.

Approximately 200 students, along with university staff, participated in the event and had their blood groups tested. Dr. C. Mallesha, NSS Programme coordinator expressed sincere appreciation and extended congratulations to all those involved for their valuable contributions to the event's success.

BLOOD DONATION CAMP

DATE : 20-11-2024



On November 20th, as part of the 63rd National Pharmacy Week celebrations, NSS Cell Unit I organized a Blood Donation Camp. The event was inaugurated by Dean school of Engineering Dr. V. Vijaya Kumar, Dean School of Pharmacy Dr. Vasudha Bakshi and NSS Programme Coordinator Dr. C. Mallesha, who jointly cut the ribbon to mark the beginning of the camp. This camp was organized in collaboration with the Jubilee Hills Lions Club, and representatives from Aradhya Blood Bank were present to facilitate the donation process. The event was coordinated by Dr. J. Rajendra Kumar, Program Coordinator of NSS Unit I, Dr. B. Tirupathi, Department Coordinator, and the National Pharmacy Week Coordinators, Dr. Santoshi Priya and Dr. Mohammed Sayeed.

As part of this initiative, nearly 120 students from Anurag University participated in the blood donation drive with the support of volunteers from NSS Unit I and the Pharmacy Department. A total of 100 units of blood were collected from generous donors during the camp. The blood donors were provided with fruits and fruit juices as tokens of appreciation for their contribution to this noble cause. NSS volunteers and faculty members worked together seamlessly, ensuring the camp's success while fostering a sense of solidarity and compassion within the campus community.

Blood Donation Camp:

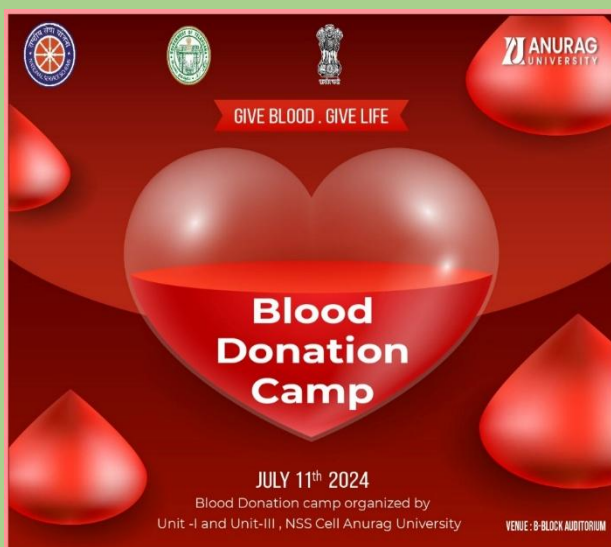
Date: 11.07.2024

Overview of the Program: The Blood Donation Camp organized by the National Service Scheme (NSS) Unit-I & Unit-III was held on 11th July 2024 at B-Block Aarambh Auditorium, Anurag University. The initiative aimed to encourage students and faculty members to donate blood and contribute to saving lives. The camp was organized in collaboration with Aaradhya Blood Bank to ensure the smooth collection and storage of blood.

Objective: The main objectives of the camp were:

- To raise awareness about the importance of blood donation and its life-saving potential.
- To encourage voluntary blood donation among students and the local community.
- To address the shortage of blood in hospitals and blood banks.
- To foster a sense of social responsibility and community service among NSS volunteers and participants.

Banner for the Event:



Significance: Blood donation is a critical activity in healthcare systems, especially in times of emergencies, accidents, or surgeries. The NSS unit aimed to make students and the local community aware of the need for blood donations and to overcome any myths or fears associated with the process.



Team Formation and Roles: The NSS Unit-I & III volunteers were divided into different teams, each responsible for a specific aspect of the camp, such as registration, awareness, crowd management, and logistics. The team worked closely with medical professionals from Aaradhya Blood Bank to ensure the camp's success. local healthcare professionals, and doctors who assisted in managing the camp and ensuring the safe collection of blood. The volunteers also collaborated with other student organizations to encourage participation.

Inaugural Session: The blood donation camp was inaugurated by Dr V Vijay Kumar, Dean school of engineering and Dr Vasudha Bakshi Dean School of Pharmacy, who emphasized the importance of donating blood and how it can save lives. The program officer Purushotham Theegala also explained the

camp's objectives and encouraged participants to come forward and donate blood. The students of the university showed remarkable enthusiasm for this noble cause, with over 250 students and faculty generously donating their blood, recognizing their role and significance of saving lives.





Pre-Camp Activities: To raise awareness about the importance of blood donation, the NSS volunteers organized a series of awareness campaigns. These included distributing posters, pamphlets, and social media posts, along with conducting brief sessions on the

campus to educate students and staff about the benefits and safety of blood donation.

Registration and Pre-Donation Counseling: Volunteers set up a registration desk where participants filled out forms to ensure eligibility for donating blood. Medical professionals provided pre-donation counseling, explaining the process and addressing any concerns participants had about the donation.

Blood Donation: The core activity of the camp was the blood donation process. Trained medical professionals conducted the donation safely. Volunteers assisted in ensuring that the environment remained calm and hygienic, and they helped guide donors throughout the process.

Post-Donation Care: After donating blood, participants were provided with refreshments (juice, biscuits, etc.) and given rest time to recover. Volunteers ensured that donors felt comfortable and did not experience any dizziness or discomfort.

Awareness Campaign: Alongside the blood donation process, there was an ongoing awareness campaign that included:



Conclusion:

The blood donation camp was a successful initiative that resulted in 250 units of blood being donated. It raised awareness about the importance of blood donation and successfully encouraged participants to contribute to this noble cause. The camp also provided an opportunity for NSS volunteers to engage in meaningful community service.

We would like to extend our sincere thanks to Ratnam (Aardhya Blood Bank) for their support, guidance, and medical expertise. Special thanks also to the volunteers, faculty, and participants whose enthusiasm made this event a success. Our gratitude goes to [Name of Program Officer] for overseeing the event and ensuring everything ran smoothly.

Blood Group Detection Camp-2024

Date:19.11.2024

The **Blood Group Detection Camp** was participated by the NSS Unit-III to raise awareness about blood group identification and its significance in emergency situations, blood donation, and overall health. Blood grouping is a crucial step in ensuring safe blood transfusions, and knowing one's blood group can be vital in emergencies. The camp aimed to provide free blood group testing to students, faculty, and community members and spread awareness about blood donation and related health issues.

Objective:

- To provide free blood group testing for students, faculty, and local community members.
- To raise awareness about the importance of knowing one's blood group and its role in medical emergencies.
- To encourage voluntary blood donation and promote a sense of social responsibility towards helping others.
- To foster collaboration with local hospitals or blood banks to ensure a constant supply of blood.

Banner for the Event:



On September 25th, NSS Cell Unit I organized a Blood Detection Camp in observance of World Pharmacist Day. The event was honored by the presence of Dr. Vijaya Kumar, Dean of the School of Engineering, and Dr. Vasudha Bakshi, Dean of the School of Pharmacy, along with faculty members from the School of Pharmacy.

NSS Unit III volunteers played an active role in the camp, encouraging students to participate and have their blood groups detected. The initiative saw an impressive turnout, with over 220 students undergoing blood group testing. The event was deemed a significant success, highlighting the commitment to health awareness and community service within the university.



**Conclusion:**

The Blood Group Detection Camp was not only a success in terms of its direct outcomes but also in terms of promoting the values of community service, health awareness, and civic responsibility. It demonstrated the NSS's role in contributing to the welfare of the community, providing invaluable services, and enhancing the social consciousness of all involved. Such initiatives create lasting positive impacts on society and highlight the importance of collective efforts in achieving common goals.

HEALTH SCREENING CAMP

DATE: 21-11-2024



As part of the 63rd National Pharmacy Week Celebrations, NSS Cell Unit I in collaboration with Vinta Labs, organized a "Health Screening Camp" at the School of Pharmacy. The event was attended by Dean of the School of Pharmacy Dr. Vasudha Bakshi, HR Dr. Rajini and other staff members from Anurag University. The camp was organized under the guidance of NSS Unit-I Programme Officer Dr. J. Rajendra Kumar, Pharmacy Department Coordinator B. Thirupathi and National Pharmacy Week Coordinators, Dr. Mohammed Sayeed and Dr. Santoshi Priya and team head at Vinta labs Dr. Vivek Kumar along with healthcare professionals, NSS volunteers participated in the event.

The health screening camp offered services such as blood pressure checks, blood sugar tests, and general health assessments, aiming to promote overall wellness among students and faculty. The event not only provided essential health services but also educated the participants on the importance of regular health check-ups and preventive healthcare. The health screening camp aimed to raise awareness about various health conditions and encourage students and faculty members to take proactive steps toward maintaining their well-being

HANDS ON TRAINING IN NUTRITIONAL ASSESSMENT

DATE: 23-11-2024



The 63rd National Pharmacy Week celebrations at Anurag University concluded with an insightful guest lecture. Dr. Soumyashree, a distinguished expert from Neelima Medical College, was invited as the chief guest for the event. Dean School of Pharmacy Dr. Vasudha Bakshi graced the event and shared her thoughts on the significance of pharmacy education in promoting public health. over 60 students from the school of pharmacy attended the lecture.

During her lecture Dr. Soumya Shree she emphasized the importance of nutritional food and its significant role in maintaining good health. She highlighted how nutrition plays a critical part in an individual's overall well-

being and discussed the various methods of identifying vitamin deficiencies, stressing their impact on health.

At the conclusion of the event, Dr. Soumyashree was felicitated for her valuable contribution to the lecture. The program was successfully organized by the National Pharmacy Week coordinators, Dr. J. Rajendra Kumar, Dr. Mohammed Syed, and Dr. Santoshi Priya. Their collective efforts ensured the event was a great success and provided the students with a comprehensive understanding of the importance of nutrition in health.

WORLD AIDS DAY-2024

DATE: 02-12-2024



On December 2nd, the NSS Cell Unit I volunteers conducted a Red Ribbon distribution program in observance of World AIDS Day (December 1st). The objective of this initiative was to spread the message of humanity and solidarity with those affected by AIDS, as well as to show support for individuals battling the virus. Dean School of Pharmacy Dr. Vasudha Bakshi, Dr. NSS Programme Coordinator Dr. C. Mallesha, School of Pharmacy 1st and 2nd year coordinator Dr. Sireesha, NSS Cell Unit I Programme Officer Dr. J. Rajendra Kumar Pharmacy Department Coordinator B. Thirupathi along with NSS Volunteers of Unit I participated in the event.

The event served as a reminder of the role that education and awareness play in combating stigma and ensuring that people living with HIV/AIDS are treated with dignity and respect. The Red Ribbon campaign is a symbolic gesture of solidarity, and this program allowed the volunteers to actively participate in raising awareness about prevention, treatment, and the rights of those affected by HIV/AIDS.

Through the distribution of red ribbons, the volunteers aimed to raise awareness about the disease, encourage compassionate support for those living with HIV/AIDS, and promote the importance of prevention and education.



सत्यमेव जयते



NATIONAL SERVICE SCHEME

Ministry of Youth Affairs & Sports Govt. of India

SUMMER SPECIAL CAMP - 2024

FROM 25th FEBRUARY TO 2nd MARCH, 2024



ADOPTED VILLAGE

NSS CELL UNIT - I AUSHAPUR (V), GHATKESAR (M), MEDCHAL-MALKAJGIRI (D) - 501301

NSS cell Unit 1 organized a captivating summer special camp, spanning from February 25, 2024, to March 2, 2024, at Aushapur Village-an integral part of the adopted villages under the aegis of Anurag University. Day 6 commenced with a profound sense of patriotism and dedication as the NSS flag was ceremoniously hoisted at the Aushapur Campus by Unit-1 Program Officer, Dr. P. Naveen. Sushmitha Priyanka Ma'am, Department Coordinator, School of Management and Divakar Reddy Sir, Department Coordinator, School of Agriculture joined the camp. This solemn act set the tone for a day filled with meaningful activities aimed at community engagement and social awareness.

The day unfolded with teams 1, 5, and 7 actively participating in the "Mera Pehla Vote Desh Ke Liye" campaign in Aushapur Village. **The teams, armed with compelling slogans, captivated the villagers and proceeded to conduct impactful skits on crucial topics such as Personal Hygiene and Girl Child Education at the M.P.P.S Aushapur Urdu Medium Primary School.** The skits not only entertained but also conveyed vital messages regarding the significance of personal hygiene, the importance of education for every child regardless of gender, and the need to avoid consuming junk food.

To further amplify their message, Team 1 volunteers took to the streets, performing a compelling street show in the presence of villagers and police officials. This



Skit on Personal Hygiene



Skit on Girl Child Education

INTERNATIONAL YOGA DAY – 2024

Date: 21/06/2024



NSS volunteers from Unit I actively participated in the International Yoga Day celebration held on June 21 organised by NSS Unit III AND IV. The event, coordinated by Dr. C. Mallesha, NSS Cell Programme Coordinator and esteemed guests Dr. Archana Mantri, Vice Chancellor, A.R. Vijaya Rao and T. Isaiah from NYKS encouraged youth to adopt yoga for a healthier lifestyle and community outreach.

The volunteers engaged in various yoga sessions guided by SK. Shaheda, experiencing firsthand benefits such as improved flexibility, reduced stress, and enhanced mental clarity. The session also focused on skill development through learning new yoga poses, breathing techniques, and meditation practices. Dr. V. Vijaya Kumar, Dean of the School of Engineering, shared insights on integrating yoga into daily routines to enhance academic and professional performance. Overall, the event underscored the holistic benefits of yoga, promoting physical health, mental well-being, and community engagement among NSS volunteers from all Units.

YOGA DAY

Date: 21 June 2024

International Yoga Day is celebrated annually on 21st June, with the aim to raise awareness about the importance of yoga and its benefits for both mental and physical health. The United Nations declared June 21st as International Yoga Day in 2014, recognizing the importance of this ancient practice for promoting health and well-being.

Objective:

- To promote the importance of yoga in daily life.
- To encourage students, faculty, and local communities to embrace a healthy and balanced lifestyle.
- To raise awareness about the physical, mental, and spiritual benefits of yoga.
- To bring people together for a common purpose of health and wellness.

Guest: Dr Archana Mantri Vice Chancellor, Dr V.Vijaya Kumar dean school of engineering, Dr C Mallesha NSS Cell programme coordinator, A.R.Vijay Rao state director NYKS, AP &TS,T. Isaiah district youth officer NYKS Rangareddy, SK. Shaheda assistant professor dept of chemical engineering

Outcome: The outcome of Yoga Day for NSS volunteers typically includes various positive impacts.

Participation in yoga helped the volunteers enhance their physical health, flexibility, strength and overall fitness levels. It also helped them with their mental well-being, team building and personality development.

NSS Cell, Unit III and IV organized International Yoga Day on 21st June 2024. The event saw enthusiastic participation from students, faculty, and esteemed guests, promoting the importance of yoga for physical and mental wellbeing. NSS volunteers from actively participated in the celebration of International Yoga Day.



The session began with a warm welcome and an introductory speech by Dr. Archana Mantri, Vice Chancellor, who highlighted the significance of yoga in today's fast-paced world. Dr. C. Mallesha, the NSS Cell Programme Coordinator, emphasized the role of the National Service Scheme in fostering holistic development among students. A.R. Vijaya Rao and T. Isaiah from the NYKS encouraged the youth to adopt yoga for a healthier lifestyle and to propagate its benefits within the community.



Speech by Dr Archana Mantri, Dr V Vijay Kumar, A. R. Vijaya Roa, Dr C Mallesha and





Volunteers were appreciated with certificates to encourage them



The volunteers engaged in various yoga sessions and events organized to commemorate this significant day. Through guided yoga practices, volunteers experienced the benefits of yoga firsthand, including improved flexibility, reduced stress, and enhanced mental clarity. Moreover, the skill development component was evident as volunteers learned new yoga poses, breathing techniques, and meditation practices. The promotion of holistic health was a central theme throughout the day, emphasizing the interconnectedness of physical, mental, and spiritual well-being through the practice of yoga.



Sk. Shaheda conducted a yoga demonstration, guiding participants through various asanas and breathing techniques.

Dr. V. Vijaya Kumar, dean school of engineering and other guests are performing yoga shared insights on integrating yoga into daily routines to enhance academic and professional performance. He also stated how Yoga Day celebration brought NSS volunteers together in unity, fostering a sense of camaraderie and shared purpose.





Guest and Volunteers participating in pledge on yoga



Group photo with guests

**Conclusion:**

International Yoga Day was successfully celebrated by the NSS Unit-III & IV, with the active participation of the college community. The event helped spread awareness about the transformative power of yoga, and many participants expressed their commitment to incorporating yoga into their daily lives for better health and wellness. The NSS Unit-III continues to focus on organizing such events that contribute positively to the well-being of society and promote a healthier, more balanced lifestyle.

YOGA Training Session

Date: 28.10.2024

The **Yoga Training Program for MBBS Freshers** was a successful and impactful initiative aimed at introducing first-year medical students to the benefits of yoga, both physically and mentally. This program provided the students with a solid foundation in yoga practices, which is crucial for managing the intense academic pressures and maintaining a healthy lifestyle throughout their medical education.

Banner for the Event:



Key outcomes of the program include:

- **Physical and Mental Well-being:**
 - The students experienced firsthand the positive effects of yoga on physical health, including improved flexibility, strength, and posture. Yoga also helped enhance mental clarity and focus, which are essential for the demanding medical curriculum.
- **Stress Management:**
 - Through various yoga techniques such as **Pranayama (breathing exercises)** and **meditation**, the students were introduced to

effective methods of stress relief. These techniques will help them cope with the pressure of academic studies and clinical training in the future.

➤ **Building Healthy Habits:**

- The training helped instill a sense of discipline and consistency in the students' daily routines. Many students reported feeling more energetic, calm, and focused after practicing yoga regularly.

➤ **Improved Concentration and Learning Ability:**

- The practice of yoga, particularly meditation and mindfulness, aided in enhancing concentration levels and improving cognitive function, which will greatly support their learning and retention of complex medical knowledge.

➤ **Fostering Holistic Health Practices:**

- The program emphasized the importance of a **holistic approach to health**—one that balances the body, mind, and spirit. This is especially important for future doctors, as it allows them to better understand the importance of a healthy lifestyle and integrate it into their professional practice.

➤ **Creating Long-term Benefits:**

- The skills learned during the training are expected to benefit the students throughout their medical careers, helping them to **manage stress**,



maintain a balanced lifestyle, and perform better in their academic and professional responsibilities.



POVA 6 Pro 5G

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Conclusion:

The Yoga Training Program for MBBS Freshers not only served as an excellent introduction to the practice of yoga but also laid the foundation for a healthier and more balanced approach to the demanding field of medicine. By incorporating yoga into their daily routines, students will be better equipped to manage stress, stay focused, and maintain overall well-being throughout their academic journey and future careers as healthcare professionals.

Utilisation of Sports Facilities at Anurag University

As part of the University's Social Responsibility Initiative, Anurag University is pleased to announce that its sports facilities will be made available to schools in the surrounding areas and the local community, at no cost, reaffirming the University's commitment to community development and youth empowerment.

Any school wishing to utilise the University's sports amenities for practice sessions, training, or inter-school events may do so upon prior application and formal approval from the Director of Sports, Anurag University.

Institutions are requested to submit their application with proposed dates, time slots, and activity details well in advance to facilitate scheduling and necessary arrangements.

Approval will be granted based on:

- Availability of facilities
- Nature of the event/activity
- Compliance with University guidelines (time of usage, damages to facilities, maintaining cleanliness, and consent not to use the facilities for any commercial purposes etc.)

For further information or application submission, please contact:

**Dr. Tara Singh, Director of Sports, Anurag University, Hyderabad at
sports@anurag.edu.in**

We look forward to supporting the holistic development of students and strengthening our collaboration with the community.

— Anurag University Management

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/PUBLIC-NOTICE-Utilisation-of-Sports-Facilities-1.pdf>

Health Care Services

NEELIMA 9 – A Special Maternity Care Initiative by Neelima Hospital ✨

Neelima Hospital proudly presents NEELIMA 9, a dedicated program designed to support expecting mothers with safe, affordable, and compassionate maternity care.

📅 Every Month on the 9th, Pregnant women are examined by experienced obstetricians and getting all the necessary scans and medicines at free of cost. The pregnant mothers who register between 8:00 AM and 1:00 PM can avail exclusive benefits:

- ☑ Normal Delivery – FREE
- ☑ Cesarean Section – ₹10,000 only including pharmacy and procedures. Any emergency situation, Rs 5000 will be charged extra.
- ☑ 50% Discount on Investigations, Pharmacy, and Radiology - valid for OPD

With NEELIMA 9, we aim to make quality maternal care accessible and stress-free for every mother. At Neelima Hospital, your comfort, health, and birthing experience are our top priorities.

Link: <https://neelimamed.com/neelima-9/>

Mental Health Support Initiatives for Students at Anurag University

The university provides a wide range of programs to support the overall well-being of students. These activities help students stay mentally healthy, emotionally balanced, and socially responsible. Together, the following initiatives create a strong support system for mental health on campus.

1. Faculty–Student Mentorship Program

Each student is assigned a faculty mentor who regularly guides them throughout their academic journey. Mentors monitor academic progress, behaviour, participation, attitude, and any personal challenges students may face. They hold regular meetings, provide counselling when needed, and maintain a detailed log of each student's growth. This close guidance ensures that students feel supported and can seek help whenever required.

2. Yoga Sessions

The university conducts regular yoga sessions to help students improve concentration, reduce stress, and stay physically and mentally fit. Yoga practices such as breathing exercises, meditation, and simple asanas help students stay relaxed and calm during their academic life. These sessions play an important role in improving mental well-being.

3. Anti-Drug and Anti-Ragging Programs

The university strongly promotes a safe and positive campus atmosphere. Awareness programs on anti-drug, anti-ragging, and responsible behaviour are regularly conducted. Police officers, legal experts, counsellors, and faculty participate in these sessions. These help prevent harmful behaviours and ensure that students feel protected and free from fear.

4. Induction Program for New Students

At the beginning of every academic year, a structured induction program is conducted. Students are introduced to university policies, campus facilities, academic expectations, and support systems. Motivational speakers, police personnel, health experts, and senior faculty interact with students to inspire confidence and a positive mindset. This program helps students adapt smoothly to university life and reduces stress during the transition period.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Mental-Health-Support-for-Students-2024.pdf>

Smoke-Free Policy of the University

Anurag University is firmly committed to providing a healthy, clean, and safe environment for its students, faculty, staff, and visitors. In line with this commitment, the University has adopted a comprehensive Smoke-Free, Drug-Free, and Tobacco-Free Campus Policy, ensuring that all campus spaces remain free from substances that pose health risks or disrupt the academic atmosphere.

The policy applies to all individuals within the campus—students, employees, contractors, vendors, and visitors—and covers all University-owned, leased, or operated buildings, grounds, facilities, and vehicles. It strictly prohibits smoking in any form, including cigarettes, cigars, pipes, e-cigarettes, and vapes. The use of smokeless tobacco products such as gutka, khaini, and other related substances is equally banned. The policy also extends to the possession or consumption of illegal drugs, ensuring a substance-free academic environment.

Smoking, tobacco use, and substance consumption are forbidden in all areas, including classrooms, laboratories, hostels, auditoriums, parking zones, and open spaces. The sale, distribution, or promotion of tobacco or drug-related products within or near the campus is also strictly prohibited. Violations are taken seriously: first-time offenders may be offered counselling, while repeated violations may lead to penalties, suspension, expulsion, or disciplinary action depending on the individual's role.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Smoke-Free-Drug-Free-and-Tobacco-Free-Campus-Policy.pdf>

Mental Health Support Initiatives for Staff at the University

The university provides a wide range of programs to support the overall well-being of staff. These activities help students stay mentally healthy, emotionally balanced, and socially responsible. Together, the following initiatives create a strong support system for mental health on campus.

1. Yoga Sessions

The university conducts regular yoga sessions to help staff improve concentration, reduce stress, and stay physically and mentally fit. Yoga practices such as breathing exercises, meditation, and simple asanas help staff stay relaxed and calm during their academic life. These sessions play an important role in improving mental well-being.

2. Anti-Drug and Anti-Tobacco Programs

The university strongly promotes a safe and positive campus atmosphere. Awareness programs on anti-drug, and responsible behaviour are regularly conducted. Police officers, legal experts, counsellors, and faculty participate in these sessions. These initiatives help prevent harmful behaviours and ensure that staff maintain their mental health.

3. Teachers' Day, Women's Day & Men's Day Celebrations

The university celebrates Women's Day, Men's Day, and Teachers' Day every year. As part of the Teachers' Day celebrations, awards are given to the "Best Teacher of the Year" to recognise exceptional faculty contributions, and non-teaching staff are also felicitated. These celebrations and recognitions help keep staff mentally motivated, appreciated, and emotionally supported, thereby contributing to a positive and healthy work environment.

Link: <https://iqac.anurag.edu.in/wp-content/uploads/2025/12/Mental-Health-Support-for-Staff-2024.pdf>